



# the Dharma

San Jose Buddhist Church Betsuin  
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## Betsuin Calendar of Events:

September 4, 2022 - Last Family Service - HYBRID

September 11, 2022 – 9:30am: Dharma School Service Starts  
10:00am: Adult English Service Starts  
Dharma School Starts  
Organization Day

September 25, 2022 – Fall Ohigan with Guest Speaker: Rev. Noritaka Imada of Buddhist Church of Lodi and  
Buddhist Church of Florin

OFFICE CLOSED

MONDAY, SEPTEMBER 5, 2022

# Welcome Back

**By: Rinban Gerald Sakamoto**

Hopefully as you read this the Betsuin will have reopened. There will still be precautions and protocols to follow that will help keep everyone safe.

Over the past year and a half we have been taking steps to make the facilities of the temple safe and accessible. When the pandemic started we closed all access to the temple. Staff worked from home. Religious services were postponed. Like many others we thought that the pandemic would run its course in a few months at most. As the months passed and so many were dying we realized we needed to adjust to what was taking place around us.

We were using Zoom for Sunday services and as we became comfortable with the application we began expanding its use. There was a base of knowledge and experience to build on. With much trial and error we reduced complexities and clarified the process. We made many mistakes along the way. There were audio issues that included but not always related to the Zoom “original sound” option. Feedback and audio echoes related to YouTube. Muted audio and video dropouts that canceled Sunday morning service live streams. We would get welcomed calls to let us know when things were not going quite as planned. Presentations were like watching ducks on water; smooth and graceful on top, churning madly below the surface.

As soon as we were able to bring people on to the temple grounds a small technology support group began to form around the Sunday morning service live streams. There was a lot to figure out. How the Zoom meeting is started, iPads for camera control and monitor are started, music is turned on. Gatha is cued. Visuals are cued. Five minutes before service start YouTube goes live. It all became pretty impressive and smooth. When the service is completed there’s a sigh of relief and everything is turned off. Except the laptop which must not be turned off or bad things will happen. There’s still some mystery in the process.

There are often more YouTube views of the service than there were people in the Hondo pre- pandemic. Sometimes it may be just comfortable to roll out of bed and turn on YouTube or watch it at a different time. As much as we miss being in the Hondo it may take some effort for some to come back to Sunday morning routines. We have been open Sunday mornings for anyone who would like to attend service in person. Online registration is requested so we can manage the number of people in the Hondo. We have not had to worry about too many people. We have had people who attended morning service for the first time. I think everyone is waiting for when the new school year starts. Then I’m sure there will be many people in the Hondo. At least that’s my hope.

I’ve become used to virtual meetings. I don’t miss having to drive to meetings. Sometimes its an hour drive one way. I know this is true for many who attend meetings. If the meeting is a BCA meeting some have to fly to attend in person meetings. I think we are weighing the benefits of in-person meetings. Perhaps a combination of virtual and in person meetings may be a good balance. I do miss the snacks and lunch when we meet in person. And of course seeing everyone.

How we decide to move forward with our temple activities will make everyone’s safety and well being the priority. Look forward to meeting everyone again.

# The realm going beyond any deadlines

By: Rev. Etsuko Mikame

First, I would like to express my gratitude to all of you who prepared and attended the welcome party for my parents' visit at the end of July. We were very happy to see all of you at the service and party!

We are able to live a convenient life thanks to the development of technology and a longer and healthier life thanks to good medicine and the study of the disease. We should have a better life than before, nevertheless, there are still many factors that bind our lives and make us feel cramped. What is that for you?

I would say that one factor could be the tight time limitations that we have in our human society. We live in a modern society where we are pressed with various deadlines every day such as work deadlines and personal deadlines. The end of the fiscal year or tax season are particularly hectic times. Many of us are probably looking at our calendars and thinking, "I have to do this by when?" This could be felt by everyone who has worked for a company or studied at school. When I was a student, I was not very good at meeting homework deadlines sometimes, which annoyed my teachers sometimes, but not always. We know what we have to do, but so why don't we start working on it as soon as possible? In my case it is because it is hard for me to get excited about doing the heavy lifting until the deadline is near. Growing up, there are still countless deadlines in my life. I have a monthly deadline for articles for our temple's newsletter and I always try to start early in order to meet the deadline. You are reading this article, which means I met the deadline. I did it!

Having "deadline" means "to bring a thing to an end, in particular, to terminate the handling of affairs, etc., by setting a deadline or time limit."

In other words, it means to put a condition on the time for something to be done. Our society is built on such promises. Human beings cannot live alone. Whether directly or indirectly, we are all connected to someone and live in relationships with someone else. In order for two or more people to get together and do something, a commitment is necessary. In today's society, the world cannot move forward unless we meet each other's deadlines. However, deadlines do not meet my convenience.

I have to meet the deadline. Deadlines are necessary as commitments to make our lives better and smoother, but we all find ourselves caught up in the rush to meet some deadline, always asking ourselves, "When is the deadline for this?" We spend our time being swamped by lack of time, always saying, "I can't finish this by the deadline." This can be very stressful at times. Especially nowadays, we can easily manage everything with the online stuff and smartphones. We are able to do more things than in the past, and after all everyone has become more greedy. This has led to an increase in deadlines, and a pervasive contradiction in which the convenience of the world causes us to suffer.

Life has become more convenient, and at the same time we are driven by time. Everything goes at a fast speed, and we have to catch up with it. If we can't make it, we might not be able to survive in this society and may be abandoned by someone else. If you are in a difficult situation, you might be able to ask your friends or coworkers for their help. But they don't always come and help us because they have their own deadlines and things to do on their side. We are living in such a lonely world that separates us from things and people in a short span of time.

It is precisely because we live in such an era that we need a place to be able to liberate ourselves from the life that is limited by time and rely ourselves on something that is not limited by time or anything.

A presence that says, "I'm always by your side." Such a presence and heart with limitless compassion are what we need in this world full of limitations.

Amida is such a Buddha of enlightenment.

"Amida" is an old Sanskrit word meaning "the Buddha of infinite light and life." Amida is the Buddha who does not have deadlines and the one going beyond any limitation of either time or space. So, Namo Amida Butsu is a calling from the Buddha to tell us that "You will never be left alone at any time." Even those who have passed away are always with us included in the same wisdom and compassion of Amida.

We are all driven by deadlines, but what if, on the other hand, there were no deadlines? If there were no deadlines, people would never do anything. If we are told that we can do something anytime we want, we may not end up doing something we don't want to do forever... Life is like that, too.

We tend to be indifferent to important things unless they are related to our own gain or loss.

If I ask you "Let's listen to Amida's wish, which is the most important place to rely on in life," my attitude is to put it off, saying, "I'll listen to it someday." But, what if the tomorrow never comes or even the next moment? It is Shinran who sees through this attitude and recommends, "Let's listen to Amida's wish together now."



**Save the Date!**



*Keiro Kai at Home*

**SAN JOSE BUDDHIST CHURCH BETSUIN**

**Keiro Kai** is a celebration to honor our elders.  
Honoring their contributions, wisdom and strength.  
Please join us in celebrating our **Keiro honorees**.

**2022 Keiro Kai at Home**  
**Saturday, November 19, 2022**

**Gift Delivery to Keiro Honorees**  
and  
**Online Presentation**

**Watch for our registration form in upcoming issues of The Dharma**

# Japanese Article

By: Rev. Etsuko Mikame

ながつき

## 長月だより



江戸時代の禅僧、良寛さんには次のようなお話が伝えられています。ある日良寛さんの庵に村で一番の長者が尋ねてこられて、「私は、財産にも家族にも健康にも恵まれ、何の不自由なく生きて参りましたが、最近芽生えた一つの悩みによつて人生を楽しむことができなくなつてしまいました。その悩みというのは、初老を迎えて、そろそろ死期が近づいてきたことです。そこで、こう高徳なあなた様におすがりして、祈禱をお願いしたいのです。もちろんお礼はお望み通りさせて頂きます」と申されました。

良寛さんは「万事承知」と仰り早々に身支度を整えて、仏前にむかつて一礼をすると、くるつと後ろを振り返つてこんなことをおっしゃいました。「それではあなたの願いをお聞きますよ。一体何歳まで生きたいのですか?」「いま65歳だから、後15年は生きていたいです。」「承知した、では75になった朝、コロッと死ぬことになるが、それでよいか?」「そうですね・・・ではもう10年、85歳までお願いします」「承知した。では85歳になった朝に死ねばそれでよいのか?」「それでは95歳まで」「承知した、95歳の朝に死ねば後悔はないのだな?」「いやあ、できれば100歳まで、と言つたら厚かましいでしょうか?」「承知した、それでは100歳の朝に死ねば満足か?」「そういうわけで

はないのですが、「死なないように」とお願いしてもさすがに無理でしょうからねえ。」と長者が言う。と、良寛さんは大きな声で「ぼつかもーん!」と一括しておっしゃいました。「ならばなぜはじめから「死なない命にしてほしい」と頼まないのだ!あなたはそれができぬ仏さまだと思つてゐるのか?阿弥陀仏という仏様は、100歳、200歳どころじゃない、あなたを「死なぬ仏」にしてやろう」とお誓下さつておるのだぞ!」と諭されました。

八代目の蓮如上人は「弥陀をたのめば南無阿弥陀仏の主になる。南無阿弥陀仏の主になるというは信心を成るという事なり」とおっしゃつたと残されています。阿弥陀仏にこのわたしの「命の行き先」をすつとお任せしたのならば、残りの人生は「南無阿弥陀仏の主」と成つて、阿弥陀様と共にお浄土への道を歩ませていただくのであるとお示しくださいました。私が背を向け、私の気づかないところで、この命をすでに、常に案じ抱いて下さつてゐるのが阿弥陀仏という仏様です。今の今、「南無阿弥陀仏の主」となつて共に念仏の申生かさせていただきますよう。

### 日本語サービスのお知らせ

毎月第2日曜日、11時から日本語で仏様の

お話をユーチューブにて配信しています。

次回は9月11日(日)十一時からです。

\*9月から本堂での対面でのサービスが再開されました。どなたでも一緒にお参りしていただけます。詳しくは別院オフィスまでお問い合わせください。



# President's Message

By: Steve Onishi

Well, it finally happened to me. I had my email address "hacked" and an email was sent to those on my contact list. The email said that I would like to ask for a favor from them and it was sent from my email address. It looked totally legitimate to most folks. However, one of my friends knew it wasn't from me because he said it sounded **too** polite! Fortunately, most people are a bit suspicious about these types of email these days. I got a lot of phone calls and texts from friends letting me know of the problem. I have since taken steps to ensure that it does not repeat. Please be cautious out there in the cyberworld.

Now, the good news. We are officially returning all of our facilities to their pre-COVID states...meaning no capacity restrictions, food/sports allowed in the gym, etc. We will still ask that you wear a mask when indoors, however. So, beginning Sunday Sept. 11, we will once again have our 9:30 Sunday morning Dharma School service as well as the 10:10 Adult Service followed by Dharma School. Japanese Language School will begin in-person on Saturday Sept. 10. It is certainly exciting to think that after this long 2 year absence, we will all once again be able to meet.

We will also hold our annual "Organization Day" on that first day of Dharma School, Sept. 11. As this is the grand re-opening of our facilities and organizations, it is a perfect opportunity to see what types of clubs and activities that the Betsuin offers. Additionally, we will have a booth describing our plans for a new Education Building! There will be some renderings (drawings) of both the outside and inside of the building to give you an opportunity to see our vision. We will have a couple of members of the Phase II committee there to answer any questions. Along with the upgraded gym/annex, this new building will provide the Sangha with very modern facilities to carry us well into the future! So come visit us in the gym!

In Gassho,  
Steve



## SAVE THE DATE

*San Jose Buddhist Church Betsuin*

Maintenance Day

When: Saturday, October 22, 2022

Look for more information in the October Dharma



# COVID-19 Updates

By: Randy Suzuki

The Betsuin is adhering to the following guidelines.

## Office Hours & Guidelines

- Weekday Office Hours
  - Monday through Thursday 8:30am-5:00pm
  - Friday 8:30am-6:00pm
- Weekend Office Hours
  - Saturday and Sunday 8:30am-4:30pm
- Masks strongly encouraged.
- Staff will continue to be masked for employee and visitor safety.

## Service/Ceremony Guidelines

- Masks are **required in the temple** and we hope everyone understands and can comply.
  - For the safety of ministers and everyone attending.
- Sunday services and special holiday services are offered in person and live streaming.
  - Limited online reservations for in person service **through August 31, 2022**. [Click here to reserve](#).
  - **Full capacity beginning Sep 1, 2022** and no reservations.
- In person Hondo (Temple) weddings, funerals and memorial services limited to:
  - 150 attendees plus officiating minister(s) **through August 31, 2022**.
  - **Full capacity beginning Sep 1, 2022** and no reservations.
- Otoki/Refreshments
  - Limited to **150 attendees through August 31, 2022**.
  - **Full capacity beginning Sep 1, 2022** and no reservations
- Virtual memorial and funeral services are available or can supplement in person services.
- No contact receiving lines are recommended.

## Nokotsudo

- The Nokotsudo is open to guests with key cards or fobs.
  - Mon - Friday 9:00am-4:30pm
  - Sat - Sun 9:00am-4:00pm

## Facility Use for all Betsuin and Community Organizations

- Indoor or outdoor meetings or events allowed.
- Exercise and Sports can resume.
- Contact the Betsuin office at [facilities@sjbetsuin.org](mailto:facilities@sjbetsuin.org) , or 408-293-9292 for availability, requirements, and capacity limitations.
- **Full capacity beginning Sep 1, 2022.**

## Organization Events

- Strongly recommend tracking logs.
- Strongly recommend masks indoors.

To schedule services, facility use or make appointments, office staff can be reached by email ([sjbc@sjbetsuin.org](mailto:sjbc@sjbetsuin.org)) or by phone (408-293-9292). We're here to help as much as we can. If we're not able to answer your phone call, please leave us a message.

The re-opening committee will continue to meet and review safety protocol and requirements as needed.

In Gassho,  
Betsuin Office Staff

# Betsuin inspired by the past in planning new building project

By: Dennis Akizuki



Inspired by the past and looking to the future, the San Jose Buddhist Church Betsuin is officially launching a new building project designed to serve the Sangha for many years to come.

The goal of “Generations. Our Legacy” is to create the Dharma Center – a new home for Lotus Preschool, Dharma School, Japanese Language School, Scout troops, youth groups, and temple and community organizations.

The Dharma Center will be nearly twice as large as the Education Building it will replace, have a space tailored to

fit the needs of Lotus Preschool and facilities for other organizations and groups, including larger classrooms, a conference room, multi-purpose room with kitchen and a parking lot with at least 60 spaces. It could open as early as 2024.

The estimated price tag is about \$15 million, and even before the official fundraising campaign kicks off next month, about half that amount has already been donated thanks to generous supporters.



There's a lot of money left to raise, but people say the church should remember that in tough economic times more than 80 years ago, the pioneers of the temple planned a major building project.

"The first generation Issei built the church in the middle of the depression, 1937," said temple member and Betsuin senior adviser Ray Matsumoto, a leading proponent for the project over the past 15 years. "We, the second and third generation, should leave something for the next generation."

Rinban Sakamoto echoed Ray's comments, praising the first generation of church members – mainly farmers – with the foresight and commitment to build the temple.

"With that same vision and hope, we commit to this new project," Rinban said. "It is a vision that will grow and deepen the engagement of the Nembutsu in our communities and beyond."

The new building gets its name from the Buddhist teachings – called the Dharma – and it will focus on serving church educational programs. It will also be available for meetings, social and cultural activities and events.

The project will be introduced at the start of Dharma School on Sept. 11, with an information tent in front of the Hondo, snacks and a raffle. Building committee members will be available to answer questions. The information tent will continue on Sundays for several months.

The official launch of the fundraising campaign is scheduled for Oct. 1.

The six-decade old Education Building has served the Betsuin well, but it is antiquated, lacks modern security and high tech features, is not ADA (Americans with Disabilities Act) compliant and does not meet current seismic safety codes.

The Dharma Center is the second of a two-phase capital building project the Betsuin began with the renovation and seismic-safety improvements to the Annex Building completed in 2016.

The Betsuin has put together an accomplished team to build the Dharma Center. Michael Charney, the project manager, has more than 25 years of experience in the San Jose-area. Aedis Architects has a 70-year history of

designing projects in the area, including many school buildings.

The new two-story Dharma Center is planned immediately south of the existing building, allowing the old building to be used until the new one is completed.

Aedis has come up with a design which will mirror the temple, with a sloping roof facing 5<sup>th</sup> Street.

"The new building will respect and complement the existing church building across the street," said Afsha Ali, an Aedis architect working on the project. "The building and site design is welcoming at the same time and will provide a secured campus for church and preschool.

"The building has its own identity as a place to learn and explore and has a connection with the existing church building."

Afsha said the design takes elements of Japanese architecture to remind people of the culture and history of the area.

Rather than using concrete and steel, the center will be built with laminated timber in which small sections of wood are glued together to form larger panels, creating a warm and pleasant space, according to Afsha. The panels are prefabricated and can be installed quicker than other building materials.

The two-story Dharma center is planned at 11,764-square feet compared to the 6,135-square-foot existing Education Building. Lotus Preschool will have a custom designed space, with two large classrooms, outdoor play area, office, kitchen and break room.

The center will also feature five classrooms, a library with room for research and educational uses; media/conference room for meetings of up to 52 people, community events, film showings and private parties; a large multi-purpose room that can accommodate 120 seated at tables, 257 on chairs and 360 standing; and a full kitchen.

Adam Sweeney has been closely involved with the Dharma Center planning and bringing experience in planning and constructing commercial buildings for Arista Networks. Over the past 18 months, Adam has rolled up his sleeves and done everything from measuring book

shelf space in the existing library to recommending Charney as the project manager to working with Aedis on the design.

“The effort that our church members put into our projects has always amazed and impressed me, and this project feels to me like the place where I can make a difference,” Adam said. “So, I’m all in to make the Dharma Center project happen.”

His wife, Cheryl (Sano), grew up with the church and their two children attended Dharma School, were Scouts and members of Junior YBA. They’ve been generous donors to the Betsuin building projects.

“Our family life has revolved around the church for the last 20 years. Now we’re building the spaces where our

kids' kids are going to grow up as a part of the church. We've gotten so much out of our experiences here. We want to make sure that those same opportunities are available to all of our families for decades to come.”

“Generations. Our Legacy” will carry on the tradition of previous generations who did all they could to ensure the livelihood of the temple community by planning for the future.





# DHARMA CENTER

GENERATIONS. OUR LEGACY.



HONOR OUR PAST.  
APPRECIATE OUR PRESENT.  
BUILD FOR THE FUTURE.

## GENERATIONS. OUR LEGACY.

Visit us to learn more about the NEW  
**DHARMA CENTER PROJECT**

**Come see us at Organization Day!**  
**Sunday, September 11, 2022**  
**9:00am - 12:00pm**

- Meet the project leaders
- Learn more about the project details
- Understand the project schedule
- Free raffle with fun prizes!
- Snacks served in the MPR

**IT'S OUR TURN.**  
**SEE YOU THERE!**

## STAY CONNECTED

For more information:  
[SJBETSUIN.ORG/DHARMACENTER](http://SJBETSUIN.ORG/DHARMACENTER)

Donate to the project:  
[SJBETSUIN.ORG/RESOURCES/DONATIONS](http://SJBETSUIN.ORG/RESOURCES/DONATIONS)

OUR LEGACY.



# Buddhist Women's Association

**By: Barbara Sasaki**

Karen Hironaga, BWA Social Welfare Co-Chair sent one get well card this past month. We hope the recipient is doing better.

Kathy Sakamoto and Sumi Tanabe are researching a self-defense class for later this year or in 2023. Unfortunately, because of the incidents taking place, a class like this is needed for everyone.

The BWA Board will be meeting in-person in September.

BWA would like to give a heartfelt thank you to the following people for so graciously contributing to the organization:

- Myrna Inaba and Reiko Iwanaga for general donations.

## Boy Scout Troop 611

**By: Aaron Oshidari**

Over the past several months, the troop participated in many in-person events, which was really fun because we finally started going out again. The troop helped out at the imagawayaki stand at Nikkei Matsuri. A campout at Yuki beach was also held in May. The troop ran the archery booth at Scout-o-Rama, a fun, interactive display of scouting activities. Over the summer, we (finally!) got to go back to Obon in person and worked at the groove booth. It was so much fun seeing everyone and dancing again, and we look forward to future festivals being as popular as they used to be. That same weekend, the troop left for Camp Fiesta Island, located near SeaWorld in San Diego. Over the course of the camp, the troop got to sleep out on the beach, attend various merit badge classes, and hang out with each other while having fun away from home for the week. We hope to join in on many more fun opportunities like these in the upcoming months!

## Sangha Crafters

**By: Betty Kinoshita and Tomi Imokawa**

September is here and our new year of Crafters has begun. Our first session of this year is September 2, first Friday of the month. Thanks to all the loyal Crafters who will join us to drop off and pick up fleece kits. Those who have the 9 strip quilt kits can drop them off that day also. Thanks in advance for time and talent for making blankets, scarves, caps etc or the less fortunate. See you Friday the 2nd of September.

Any questions, comments, suggestion, ideas: [Bettyjc@sbcglobal.net](mailto:Bettyjc@sbcglobal.net) or [Tomimokawa@yahoo.com](mailto:Tomimokawa@yahoo.com)



# San Jose Betsuin Choir: Moving Forward

By: Nancy Hikoyeda

The SJ Betsuin Choir is very excited to sing together again after almost 3 years of meeting virtually on Zoom. There will also be some significant changes as we “move forward”.

**New choir leadership.** We thank Michael Yoshihara, musician extraordinaire, for serving as our Interim Music Director for the past 5 years. Michael arranged several unique experiences such as a mass choir performance with other churches for the Japantown Day of Remembrance; a performance with San Jose Taiko; and the Japantown Immersive. While Michael will be stepping down, the choir will be in the capable hands of Elaine Jones, a choir singer, organist, pianist, flautist, composer, and more. Thank you, Elaine, for taking over the choir -- we are very fortunate to have such talented and dedicated people in our group.

**In-Person Rehearsals.** The Choir will begin rehearsing in-person soon. Our first meeting will be Tuesday, September 13, 7-8 pm in the Hondo. This is only an introductory meeting (no singing) to discuss our Covid protocol, music, and other choir business. (Please wear a mask for this meeting.) All returning singers are encouraged to attend this important meeting. During rehearsals, every effort will be made to keep all choir members as safe as possible (strict Covid protocols have been created) and special singer's masks will be purchased/provided by the choir following the first meeting. Weekly rehearsals will begin starting on Tuesday, September 20, from 7-8 pm in the Hondo. For further information, please contact Paul Endo (415) 730-3395 or [paul@thinktwicelegal.com](mailto:paul@thinktwicelegal.com).

**Generous Supporters.** We would like to belatedly acknowledge a generous donation from the Kinjiro and Eiko Moriguchi Family Fund. And a sincere thank you to the following for their generous support during the pandemic: Elaine Ando, Buddhist Women's Association, Shizuka Hanada, Allan/Nancy Hikoyeda, Shizuko Koga, Agnes/Digger Sasaki, Jacque Yamaguchi, and Michael Yoshihara.

**Thinking of You.** We have several choir members/alumni who are recuperating from various operations and illnesses. We send you our best wishes for a speedy and full recovery.

**Join Us.** The purpose of the SJ Betsuin Choir is to spread the Dharma teachings through music. We perform for the Hoonko, Hanamatsuri, and Obon services and sometimes more. If you like to sing, laugh, eat, and make new friends, we are here for you. Sopranos, altos, tenors, and basses are needed and there are no auditions. Please join us!

# Min'na no Mura (皆んなの村)

## A Study in Compassion

By: Michael Jones

In my Dharma talk on August 14, I spoke about being an ally to the LGBTQ+ community. In the talk, I related our work in Min'na No Mura and in being an ally to compassion. For the Betsuin to become a safe place for everyone to be their authentic self, and to feel free to express themselves, we have to show compassion. This should not be a new concept as we talk about compassion frequently here.

Amida's 18<sup>th</sup> Vow, the Primal Vow is often referred to as Amida's Compassionate Vow. The 18<sup>th</sup> Vow says, in part:

*"If, when I attain Buddhahood, the sentient beings of the ten quarters, with sincere mind entrusting themselves, aspiring to be born in my land, and saying my Name perhaps even ten times, should not be born there, may I not attain the supreme enlightenment."*

Shinran's view of the three minds alluded to in this vow (sincere mind, entrusting mind, and the mind aspiring to be born in Amida's Pure Land) was that the sincere mind was the true and real mind of Amida. It is through Amida's sincere mind that the Vow was made, and this is given to the person through the power of the Vow. This then manifests itself as the person entrusting in Amida and aspiring to be born in the Pure Land. The three minds are therefore given to the person as a single mind – the mind of Amida Buddha. Thus it is through Amida's compassion for all sentient beings that we attain birth in the Pure Land.

The point is that compassion is central to our teachings. In her book *Lovingkindness*, Sharon Salzberg writes *"To be compassionate is to wish that a being or all beings be free from pain. To be compassionate is to sense from within what it must be like to experience someone else's experience."* (Salzberg, 1995, *Lovingkindness*, 109)

Our goal is to create a safe place for everyone to come as they are. No judgment. A village for everyone. It is up to us to open our minds and our hearts to let people in. It is not doors, locked or unlocked that keep other people out. It is our compassion, the lovingkindness we demonstrate in our greetings and our demeanor that provide the welcoming and the love that allows all people, just as they are to enter our community, our Sangha, our Hondo, to live the intent of the words written above our beautiful Onaijin – kai hō zō (開法蔵) - Open the Dharma Storehouse. Come in, sit with us, listen to the teachings, be part of our Sangha.

Namo Amida Butsu



# Qigong

By: Jeanne Nakano

## Qigong's Zoom Schedule for September 2022

Qigong classes will continue on Zoom through September as Covid still remains a concern. So for your safety & comfort, all four days of Qigong will be available on Zoom. Enjoy Qigong classes with Masa!

Classes are offered Mondays, Wednesdays, Fridays & Saturdays from 9:30 - 11:00 AM. His fee is \$5. per person, per class. You can pay through his PayPal link or with a check to his Union City address. Masa's classes are available to anyone who wishes to try Qigong to enjoy its benefits. PayPal payments directly to: [mnaito010@yahoo.co.jp](mailto:mnaito010@yahoo.co.jp) or [kikoh4000@sbcglobal.net](mailto:kikoh4000@sbcglobal.net) or mail to: Masanori Naito, 33721 10th Street, Union City, CA 94587

Questions about Qigong movements can be directed to Masa & he'll give his answers during class. Masa Naito, [kikoh4000@sbcglobal.net](mailto:kikoh4000@sbcglobal.net). Other questions or concerns can be forwarded to Jeanne Nakano, [nakanojeanne@gmail.com](mailto:nakanojeanne@gmail.com)

Topic: Qigong Class for September  
Time: 09:30 AM Pacific Time (US and Canada)  
Every week on Mon, Wed, Fri, Sat, until Sep 30, 2022

Sep 2, 2022 09:30 AM  
Sep 3, 2022 09:30 AM  
Sep 5, 2022 09:30 AM  
Sep 7, 2022 09:30 AM  
Sep 9, 2022 09:30 AM  
Sep 10, 2022 09:30 AM  
Sep 12, 2022 09:30 AM  
Sep 14, 2022 09:30 AM  
Sep 16, 2022 09:30 AM  
Sep 17, 2022 09:30 AM  
Sep 19, 2022 09:30 AM  
Sep 21, 2022 09:30 AM  
Sep 23, 2022 09:30 AM  
Sep 24, 2022 09:30 AM  
Sep 26, 2022 09:30 AM  
Sep 28, 2022 09:30 AM  
Sep 30, 2022 09:30 AM

Please download and import the following iCalendar (.ics) files to your calendar system.

Weekly: [https://us02web.zoom.us/j/82807403821?pwd=Q1IEb2h1cUdhZXROyO9qU0ZqK3EyQT096srjgiGNUfkGadv7N6g0kzgVq7CrBg/ics?icsToken=98tyKuGqpjstHtSWuBuGRpwQGoigKOjziHZHjY1omhTCAiRFNS2gMbJJKLvjAY\\_z](https://us02web.zoom.us/j/82807403821?pwd=Q1IEb2h1cUdhZXROyO9qU0ZqK3EyQT096srjgiGNUfkGadv7N6g0kzgVq7CrBg/ics?icsToken=98tyKuGqpjstHtSWuBuGRpwQGoigKOjziHZHjY1omhTCAiRFNS2gMbJJKLvjAY_z)

Join Zoom Meeting: <https://us02web.zoom.us/j/82807403821?pwd=Q1IEb2h1cUdhZXROyO9qU0ZqK3EyQT09>

Meeting ID: 828 0740 3821

Passcode: 596374

# **EcoSangha**

## **EcoTip: Everyday Laundry**

**By: Jeanne Nakano**

Washing clothes in cold water can decrease your energy needs and increase your clothing life. About 90% of the energy used by a washing machine is for heating the water. To meet the Department of Energy's strict standards for hot water use, manufacturers have developed machines that can clean efficiently with cold water. Detergents have been adapted to clean with enzymes in cold temperatures. Clothes will last longer when using cold water instead of hot because they will keep their color and shrink less. Cold water will not set stains as hot water may. Air drying clothes can also save energy. To get rid of wrinkling, you can use the dryer for a few minutes before using a hanger, rack or clothesline. Fabrics will look better and last longer without the constant wear and tear of the dryer tumbler.

However, in case of sickness or for other hygienic concerns, continue to use the appropriate water temperature and recommended use of the dryer.

## **Music Notes**

**By: Elaine Jones**

Come September, there will be sounds of music and music opportunities starting to happen here at the Betsuin and BCA! Whether you'd like to sing and/or compose, here are a few music items that might be of interest to you:

1. BJ Soriano of the San Francisco Temple and Hawaii Betsuin is holding a gatha writing workshop via Zoom on Sunday, September 11 at 1:30 p.m. Please take a look at the flier in this issue for registration information.
2. The San Jose Betsuin Choir is starting off the year with a meeting on Tuesday, September 13 at 7 p.m. in the Hondo. There will be no singing at this first meeting. For more information, contact Paul Endo at [paul@thinktwicelegal.com](mailto:paul@thinktwicelegal.com).
3. Rinban Sakamoto is leading the Shakuhachi Club meetings, and the next time they meet will be via Zoom on Thursday, September 22 at 7 p.m. For more information, contact Rinban Sakamoto at [rinban@sjbetsuin.org](mailto:rinban@sjbetsuin.org). Hope you'll explore one or more of these musical ventures and discover how music can make your day!

# Pledges

Pledges received July 23 to August 19, 2022

Garrett Akahoshi  
Lon and Robin Handa  
Chiyuki Higuchi  
Kay Ide  
Mae Kawamoto  
Aiko Kojima  
Toichi and Elsie Mukai

Susie Nishimura  
Aiko Sato  
Lisa Shigenaga  
LeRoy and Ann Shiraishi  
Fumi Suyeishi  
Ben Takashima  
Betty Takeshita  
Howard and Julie Watanabe

# Donations

Pledges received July 23 to August 19, 2022

## *Donation*

Saburo and Ruby Kobashi(\$125)  
Onto Innovation(\$200)  
Mineishi Trust(\$100)  
Phyllis Sugimoto(private)  
David Stephan(\$40)  
Girl Scout Troop 60782(\$85)  
Don and Yoko Uyeda(\$500)  
Hifu and Shirley Kodani(\$140)

## *Funeral*

*In Memory of Scott Watanabe*  
Henry and Lori Louie(\$500)

*In Memory of Kayoko Yamada*  
The Family of Kayoko Yamada(\$300)

*In Memory of Laurie Nakamura*  
Saburo and Ruby Kobashi(\$25)

*In Memory of Judy Nakano*  
Kaz Tamekuni(\$50)

*In Memory of Stan Kawamata*  
Kaz Tamekuni(\$50)  
Ken and Jayne Tan(\$25)  
Judith F. Laing(\$20)

*In Memory of Earl Santo*  
Helen Santo and Family(\$1,000)  
Barry and Mari Tao(\$25)  
Mori and Barbara Ueda(\$30)  
Alice Kadonaga(\$50)  
Yasuo and Janice Hara(\$30)  
Fumi Suyeishi(\$50)  
May Takata(\$20)  
Grace Yamakawa(\$30)  
Susumu and Sadako Ikeda(\$25)  
Bill and Stacey Kawakami(\$25)  
June Kuwada(\$25)  
Julia Kuwada(\$25)  
Ellen Miyatake(\$25)  
Betty Tokiwa(\$30)

*In Memory of Paul Sasaki*  
The Family of Paul Sasaki(\$300)  
Russell Nakano(\$100)

*In Memory of Leonard Kado*  
Linda Kado(\$500)

*In Memory of Jeffrey Doi*  
Joyce Iwasaki(\$50)

*In Memory of Kimio Shibata*  
Kimi Shibata(\$500)

*In Memory of Lucy Matsumoto*

Ray Matsumoto(\$300)  
Mary Kobata(\$30)  
Alice Kadonaga(\$50)  
Henry and Sayeko Nakamura(\$40)  
Joanne Kobori(\$25)  
Karen Sato(\$50)  
Joy Sakai(\$50)  
Yasuo and Janice Hara(\$30)  
Hanaye Baba(\$25)  
Sharon Uyeda(\$100)  
William and Reiko Ueki(\$20)  
Ted and Grace Tanaka(\$50)  
Allan and Nancy Hikoyeda(\$25)  
Jane Takagi(\$50)  
Irene Hirota(\$50)  
Norris and Teri Hirota(\$50)  
May Takata(\$20)  
Emily Ando(\$30)  
Richard and Janice Otsuji(\$50)  
Tim and Vivian Takeda(\$25)  
Kaz Tamekuni(\$50)  
Masaru Edward and Sachiko Urata(\$25)  
Joyce Iwasaki(\$50)  
George and Georgia Sakai(\$25)  
Rev. David and Diane Matsumoto(\$100)  
Rick Oka(\$75)  
Ken and Jayne Tan(\$25)  
Gene and Audrey Hane(\$50)  
Timothy Kanemoto(\$1,000)  
Duane and Jocelyn Miyoshi(\$200)  
Glenn and Caroline Kurimoto(\$500)  
Susumu and Sadako Ikeda(\$50)  
Bryan and Linda Nishimoto(\$50)

*In Memory of Clarine Sunada*

San Jose Betsuin ABA(\$50)

*In Memory of George Hanada*

Kaz Tamekuni(\$50)  
Henry Nakata, Jr.(\$20)

*In Memory of Yoshiko Yamashita*

The Family of Yoshiko Yamashita(\$500)  
May Takata(\$20)  
Tomiko Handa(\$50)  
Alice Hikido(\$50)  
Stanley and Hideko Yamaichi(\$100)

*In Memory of Kimiko Imokawa*

The Family of Kimiko Imokawa(\$300)

*In Memory of Itsuro Ide*

Kay Ide Family(\$300)  
Leanne Ikegami(\$100)  
Kathleen Yeh(private)  
Diane Ikegami(private)  
Arthur and Robin Shinagawa(private)  
Richard Shinagawa(private)  
Kanazawa Family(\$50)

*In Memory of Misako Yamaoka*

George and Misako Yamaoka Survivors  
Trust(\$10,000)  
Bonnie Yamaoka(\$5,000)  
Larry and Vickie Yamaoka(\$100,000)  
George Yamaok(\$5,000)  
Michiko Itatani(\$100)  
Kenneth and Kathleene Ozawa(\$200)  
Henry and Sayeko Nakamura(\$200)  
Alice Nakamura(\$150)  
Rose Kinaga(\$200)  
Terry and Melanie Kinaga(\$50)

*Memorial Service*

*In Memory of Mary Sugimoto*

Kaye Masatani(\$25)  
Arthur, Robin and Richard Shinagawa(private)  
Dennis Akizuki(\$50)  
Denise and Craig Kanazawa(\$50)  
Karen McDowell(\$50)

*In Memory of Glenn Iida*

Karen Iida(\$500)  
Donald and Wanda Nishiguchi(\$50)

*In Memory of William Hamada*

Frances Hamada(\$1,000)

*In Memory of Karl Takimoto*

Katsuko Takimoto(\$200)

*Hiroshima Nikkei Jin Kai Memorial Service*  
Committee of A-Bomb Survivors(\$50)

*Memorials*

*In Memory of Joyce Morihiro*  
Saburo and Ruby Kobashi(\$25)

*In Memory Dave Gibson*

Saburo and Ruby Kobashi(\$25)

*In Memory Jamie Mayeda*  
Sara Kashima and Kevin Chang(\$50)

*In Memory of Polly Sakamoto*  
Craig Sakamoto(\$100)

*In Memory of Toshi Tanaka*  
Kathryn Tanaka(\$300)

*In Memory of Sayoko Takata*  
May Takata(\$100)

*In Memory of Yoso Takata*  
May Takata(\$100)

*In Memory of Kelly Iriye*  
Joyce Iwasaki(\$50)

*In Memory of George A and  
Bettie T. Yamamoto*  
Joyce Yamamoto(\$150)

*In Memory of Thu Thien Nguyen and  
Tuyet Hong Nguyen*  
Loc Nguyen(\$25)

*In Memory of Chizu Kubo*  
The Family of Chizu Kubo(\$1,000)

*In Memory of Gene Horio*  
Karen Iida(\$100)  
Donald and Wanda Nishiguchi(\$100)

***Obon Service***  
Susan Nakamura and Masao Suzuki(\$100)

*In Memory of Thomas Shinagawa,  
Yukio & Nari Kurimoto, Hoichi & Tsuneyo  
Nomi, Lloyd Ikegami,  
Fred & Mary Sugimoto*  
Arthur, Robin and Richard Shinagawa(private)

2022 Gilroy Obon Service  
Gilroy Japanese Community(\$200)

*In memory of Toshio Kobata*  
Mary Kobata(\$100)

***Disaster Relief***  
Osaisen(\$28.70)  
Osaisen(\$13.73)  
Osaisen(\$10.20)  
Osaisen(\$20)  
Osaisen(\$13.73)  
Osaisen(\$45)

***Nokotsudo Eitai-kyo***  
Barbara Sasaki(\$200)  
Randall Shingai and Naomi Makiharal(\$400)  
Yasuo and Janice Hara(\$400)

***Obon***  
Osaisen(\$286)  
Toshitaka and Himiko Inoue(\$100)  
Cherie Hishida(\$100)  
Brandee Livingston(\$40)  
Welly and Miyo Suzuki(\$40)  
Jane Kawasaki and John Adachi(\$100)  
Asian American Curriculum Project Inc.(\$569.81)

***Generations Capital Campaign***  
Anonymous(\$5.58)  
Charlotte Hiroshima(\$20)  
Kenneth Furukawa and Joyce Yamamoto(\$75)  
Ronald and Barbara Asai(\$1,000)

*In Memory of Jeffrey Doi*  
The Fujioka Family(\$20)  
Arthur, Robin and Richard Shinagawa(private)

*In Memory of Lucy Matsumoto*  
Robert and Diane Fujioka(\$20)  
Arthur, Robin and Richard Shinagawa(private)  
Nozomu and Stella Iwasaki(\$30)  
Jeanne and Michael Nakano(\$35)  
Phyllis Sugimoto(private)  
Tsuyako Sakamoto(\$50)  
Steven and Janice Doi(\$100)  
Tom and Terry Oshidari(\$25\_

*In Memory of Earl Santo*  
The Fujioka Family(\$50)  
Arthur, Robin and Richard Shinagawa(private)  
Tsuyako Sakamoto(\$25)

*In Memory of Kim Akizuki*  
Diane Ikegami(private)

*Obon 2022: In Memory of*  
*Fred and Mary Sugimoto*  
Michael and Elaine Jones(private)  
Phyllis Sugimoto(private)

*Obon 2022: In Memory of*  
*Yukio and Nari Kurimoto*  
Michael and Elaine Jones(private)  
Phyllis Sugimoto(private)

*In Memory of Kelly Iriye,*  
*Henry and Fusae Kurasaki and*  
*Kathleen Arita*  
Jean Kurasaki(\$2,000)

*In Memory of Clarine Sunada*  
Jeanne and Michael Nakano(\$30)

*In Memory of Mary Sugimoto*  
Phyllis Sugimoto(private)  
Richard and Lynne Sugimoto(private)  
Michael and Elaine Jones(private)  
William Sugimoto(private)

*In Memory of Claire Shiraki*  
Tsuyako Sakamoto(\$25)

*In Memory of Donald Yamamoto*  
Ron Earl and Merrilee Yamamoto(\$100)

*In Memory of Itsuro Ide*  
Richard and Lynne Sugimoto(private)



# FREE Electronic Waste Collection Event

Community service event held by:

## Troop 611 Scouts BSA

When:

**Saturday  
November 05, 2022  
9am to 3pm**

Location:

**San Jose Buddhist Church  
Education Bldg Parking Lot  
639 N. 5th Street  
San Jose, CA 95112**

**All Wire and Cabling, Desktop PCs, Laptops, PDAs, Servers, DLP/CRT/Plasma/LCD/LED Monitors, Televisions, Printers, Mice, Keyboards, & Accessories, Copy & Fax Machines, All Audio & Video Players, Cell Phones & Accessories, Electrical household appliances, and much more!!!**

**(please, NO metals, microwaves, large appliances or large office equipment)**

**\*\*\* Please review the list of acceptable items \*\*\***

Event Hosted By



[www.ajelectronicrecycling.com](http://www.ajelectronicrecycling.com)

For more recycling information contact **A&J Electronics Recycling**  
At 408-490-4516 or email [ajelectronicrecycling@gmail.com](mailto:ajelectronicrecycling@gmail.com) CA#115816

# FREE Recycling Services!!



## Item we accept for recycling...

- Monitors
  - Servers
  - Laptops
  - Hard Drives
  - Televisions
  - Desktop Computers
  - Cell
  - Video Cameras
  - Flat Screens, LCDs, CRTs
  - Mother Boards
  - Satellite Boxes
  - Cables, Ribbons, Wire
  - Vacuum
  - Fans
  - Radios
  - Video Game
  - Speakers
  - Fax
  - Pagers
  - Sound Cards
  - Network Cards
  - PDA's
  - Modems
  - Electric Toy's
  - Clocks
  - Stereos
  - Paper Shredders
  - Power Tools
  - Scanners
  - Sound Systems
  - Telephone Systems
  - Power Supplies
  - Amplifiers
  - CD Drives
  - DVD Drives
  - Laptop Batteries
  - Video Cards
  - CD, DVD & MP3 Players
  - Christmas Lights
  - UPS Batteries
  - Vehicle Batteries
  - Ups Backup Battery
  - Small
  - Heat Sinks
  - RAM Chips
  - Receivers
  - Typewriters
  - Digital
  - Keyboards
  - PCI Boards
  - And More!!!
- Small Home Appliances Items
- Toaster
  - Slow cooker
  - Rice cooker
  - Blender
  - Pressure cooker
  - Electric kettle
  - Deep fryer
  - And More!!!
  - Pasta maker
  - Bread machine
  - Coffee maker
  - Griddle
  - Waffle iron
  - Juicer

## Unacceptable Items...

- Microwave
- Ovens
- Furniture
- Disks/CDs
- Floppy Drives
- Household Batteries
- Video VHS Tapes
- No Appliances
- Washer and Dryer
- Refrigerator
- Fluorescent Tubes
- Light bulbs
- Printer Cartridges
- Printer Toners
- Household Batteries
- Copiers
- Wood
- Paint
- Metal
- And More!!!

For more recycling information contact **A&J Electronics Recycling**  
[At 408-490-4516 or email \[ajelectronicsrecycling@gmail.com\]\(mailto:ajelectronicsrecycling@gmail.com\) CA#115816](mailto:ajelectronicsrecycling@gmail.com)

Quantity of: CRT Monitor/TV\_\_\_ LCD Monitor/TV\_\_\_ Plasma Monitor/TV\_\_\_

First & Last Name\_\_\_\_\_

Phone Number\_\_\_\_\_

Address\_\_\_\_\_ City\_\_\_\_\_ Zip Code\_\_\_\_\_

# **GATHA WRITING WORKSHOP**

Via Zoom & In Person  
With BJ Soriano, Workshop Facilitator  
Sept 11, 2022 (see details below)



## **An In-person and/or Zoom workshop will include:**

- Learn rhythm and structure in poetry and music
- Based on a theme, practice writing short poems or lyrics with guidance provided
- Begin flushing out poetic or lyrical lines for a gatha/poem
- Submit your work via e-mail (or at workshop) to workshop leader to review, edit, collaborate and an eventual draft

## **About the Workshop Facilitator:**

BJ Soriano is dual member of the Honpa Hongwanji Hilo Betsuin and the Buddhist Church of San Francisco. Since 2003, she has composed approximately 15 gathas, conducted several gatha writing and/or singing workshops in Hawai'i and in California.

Dates, Time and Place:

**September 11, 2022**

**1:30-4:00 PM PST (10:30 AM-1:00PM HST)**

**In Person at BCSF 1881 Pine Street, San Francisco and  
via Zoom for all non in-person attendees**

**Zoom link will be provided in a separate e-mail to registrants**

**Registration deadline: September 1, 2022**

Please share this information with others! Let's encourage members in our Sanghas to experience and engage with each other in the writing of potential poems, lyrics and gathas and do our part to spread the Dharma!

Please register by sending an e-mail to BJ Soriano at [bj@bjsoriano.com](mailto:bj@bjsoriano.com)

## Upcoming Services:

**October 23, 2022 – BCA Founding Day/Late Bishop's Memorial**

**November 6, 2022 – Eitaikyo**

**November 20, 2022 – Eshinni and Kakushinni/BWA Memorial Service**

## Funeral and Memorial Service

If you need to schedule a service please call the temple office at (408) 293-9292. Due to COVID-19 we are limiting services to 150 people in the hondo through August 31, 2022. Masks will be required at all times.

## Nokotsudo Hours

Monday thru Friday 9:00am to 4:30pm  
Saturday and Sunday: 9:00am to 4:00pm

## Japanese Telephone Dharma Message

The San Jose Buddhist Church Betsuin is now offering a Japanese Dharma Message using your telephone. To listen to the message, you will need to call (408) 293-9292.

If you call between the hours of 8:30am to 5:00pm the Betsuin office staff will have to transfer you to the extension to listen to the Dharma Message.

If you call after 5:00pm, follow the message prompts and select the appropriate number to get you to the Japanese Dharma message.

### 2022 Memorial Service Schedule

Please schedule a service if your loved ones passed away in the following years:

<u>Year</u>	<u>Service</u>
2021	1 <sup>st</sup> Year
2020	3 <sup>rd</sup> annual
2016	7 <sup>th</sup> annual
2010	13 <sup>th</sup> annual
2006	17 <sup>th</sup> annual
1998	25 <sup>th</sup> annual
1990	33 <sup>rd</sup> annual
1973	50 <sup>th</sup> annual
1923	100 <sup>th</sup> annual

San Jose Buddhist Church Betsuin

640 North 5<sup>th</sup> Street

San Jose, CA 95112

Phone: (408) 293-9292

Fax: (408) 293-0433

Email: [sjbc@sjbetsuin.org](mailto:sjbc@sjbetsuin.org)

Website: [www.sjbetsuin.org](http://www.sjbetsuin.org)

Office Hours:

Monday thru Thursday: 8:30am to 5:00pm

Friday: 8:30am to 6:00pm

Saturday and Sunday: 8:30am to 4:30pm

# September 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4 Family Service	5 <b>OFFICE CLOSED</b>	6	7	8	9	10 JLS Starts
11 Start of Dharma School Dharma Schoo Svc Adult English Svc	12 Gym Closed	13 Gym Closed	14 Gym Closed	15 Gym Closed	16 Gym Closed	17 Gym Closed
18 Dharma Schoo Svc Adult English Svc	19 Gym Closed	20 Gym Closed	21 Gym Closed	22 Gym Closed	23 Gym Closed	24
25 Fall Ohigan <b>Guest Speaker: Rev. Noritaka Imada</b> Dharma Schoo Svc Adult English Svc	26	27	28	29	30	