



# the Dharma

San Jose Buddhist Church Betsuin  
640 North 5<sup>th</sup> Street  
San Jose, CA 95112  
(408) 293-9292  
Email: [sjbc@sjbetsuin.org](mailto:sjbc@sjbetsuin.org)

Volume 69 | Issue 10 | October 2022

## Betsuin Calendar of Events:

October 16, 2022 – 10:00am: BCA Founding Day/Late Bishop's Memorial Service

October 22, 2022 – Betsuin Volunteer Work Day

# October 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2 Dharma School Svc Adult Svc	3 Troop 60782	4 Choir	5 Boy Scouts	6	7 Troop 61305	8 BWA
9 Padma/Sangha Dharma School Svc Adult Svc Japanese Svc Jr. YBA	10 Troop 60782	11 Choir Bonsai	12 Boy Scout Troop 61301	13	14 GS Investiture Cub Scouts Metta Class	15
16 <b>BCA Founding/ Late Bishop's Memorial</b> Padma/Sangha Dharma School Svc Adult Svc	17	18 Choir	19 Boy Scouts	20	21 Cub Scouts Metta Class	22 <b>Betsuin Volunteer Work Day</b>
23 Padma/Sangha Dharma School Svc Adult Svc	24 Troop 60273	25 Choir	26	27	28 Cub Scout Pack Mtg Troop 61334 Metta Class	29
30 Padma/Sangha Dharma School Svc Adult Svc	31					

# Samsara is Nirvana

**By: Rinban Gerald Sakamoto**

“When foolish beings of delusion and defilement awaken shinjin,  
They realize that birth-and-death is itself nirvana;  
Without fail they reach the land of immeasurable light  
And universally guide sentient beings to enlightenment.” CWS p72

This verse is from Shoshinge composed by Shinran and included in his major work, Kyogyoshinsho.

I’ve thought about and talked about this verse many times in the past few years. I’ve been reluctant to write about it because committing these thoughts to paper feels far more permanent than I feel comfortable with. My understanding may be deficient. Someone referring to it may end up with my misunderstanding. However, whatever the effects, here are my thoughts.

In the 70’s one of the Suzukis, either D.T. Suzuki or the lesser known Shunryo Suzuki, stated “this dirty earth is Pureland” which seemed profound. How is this place that Buddhism seems to point us away from being the very place at which we are to arrive. During Ohigan we hear about moving from this shore to the other shore. Shinran often uses the image of Amida’s Vow as the ship that carries us to the Pure Land. There are many examples of moving from here to there, from this shore to the other shore. This is the primary structure that influenced my understanding of what the Buddhadharma is trying to get me to experience as an unenlightened being seeking release. I have to move from unenlightenment to enlightenment. I am carried from this shore of birth-and-death to Pure Land. There is movement from one place to another. That basic structure of movement seems absent in Suzuki’s statement and the second line of Shinran’s verse.

When I first began thinking about Shinran’s verse it was the second line that drew my attention. The first line is often the focus because it references shinjin which is essential in Shinshu thought. However, regardless if I awaken shinjin or not the second line seems to stand on its own: birth-and-death is itself nirvana. If I awaken shinjin birth-and-death is nirvana. If I do not awaken shinjin birth-and-death is still nirvana. How can nirvana and birth-and-death be both the same and not the same unless it is related to how it is perceived, how I perceive it.

Jodo Shinshu is Buddhadharma. It has at its core, like all schools of Buddhism, the Four Noble Truths. This is the first thing Shakyamuni shared after his enlightenment:

Dukkha: we cause and experience difficulties

Tanha: dukkha results from our tendency to see the world through what I like and don’t like.

Nirvana: we do not need to continue to cause and experience difficulties

Eightfold Path: the means to cultivate the mind that is free of preferences

The intent of the Buddha is to help us realize the cause of difficulties and resolve those difficulties. The resolution of difficulties is the mind that sees things as they are; a mind free of prejudice. How I perceive nirvana causes my experience of nirvana to be as birth-and-death. To see the world and engage the world through my preferences, my likes and dislikes, I split the world offering opportunities for difficulties to arise. I am right, you are wrong. I am Buddhist, you are not. I am a Democrat you are Republican. The Eightfold Path leads to the softening of boundaries that separate. Easing the tensions that result from my preferences. It is

not that we become dispassionate or uncaring. We realize that what separates us, we have created. To cultivate the mind that sees things as they are is to begin to see my own prejudices and preferences.

I experience nirvana as birth-and-death because of my preferences. As I am able to acknowledge this I can begin to cultivate the mind free of prejudice. Free of anger, greed, ignorance. Cultivating the mind free from prejudice is to cultivate the mind that sees things as they are. Practicing the Eightfold Path is the means to resolve the difficulties we cause and experience. It is the practice that leads to enlightenment.

In Jodo Shinshu I realize the impossibility for me to cultivate, through the practices represented by the Eightfold Path, the mind that sees things as they are. However, Amida's Vow assures me of the eventual resolution of difficulties. That assurance allows me to look more openly at my prejudices and begin to see things as they are.

The world has not changed. I am changed. Nirvana is still Nirvana.

## SAVE THE DATE

**SAN JOSE BUDDHIST CHURCH BETSUIN**

**Maintenance Day**

**When: Saturday, October 22, 2022**

*Look for more information in this month's Dharma*

# Why we should not harm others

By: Rev. Etsuko Mikame

There are unfortunately many movements around the world that discriminate against people because of their race, gender, abilities, or because they are different from others, and promote slander and violence against them. When considering this issue, it is important for us to think about why we should not harm others in the first place.

Buddhism actually gives us a clear answer to this question.

According to a Buddhist scripture called *Samyutta Nikāya*, Sakyamuni Buddha states “ **Though in thought we range throughout the world, We'll nowhere find a thing more dear than self. So, since others hold the self so dear, One who loves oneself should injure none.**”

There are many things in this world that are important to us, such as family, friends, and pets. Ultimately, however, there might be no being more beloved or more important to us than ourselves. This is true for everyone, that is, it is the same for someone else, and everyone loves and is important to oneself. Sakyamuni Buddha shows us in very simple words through this sutra; if you think you are important, you must also respect the thoughts of others who feel the same way. So you must not harm others.”

What these words teach us is that it doesn't matter whether you are rich or not, whether you work hard or not, whether you have superior abilities or not, what color your skin is, your birth, your gender, your occupation, or the situation you are currently in, or any of those things. He is simply saying that if you are the most important (and to achieve this), you should also respect the thoughts and lives of others.

The society we live in is very complex, with many different values, and each person values different things. Therefore, it is natural that there will be times when people will "fit in" or "not fit in" with each other's values, and there may be times when people will have to decide what is "necessary" or "unnecessary" for them. It would be nice if we could get along with all people, but that is not easy. Even if a person does not agree with you, even if you feel that he/she is not necessary or irrelevant to you, it is still a dangerous way of thinking to selfishly assign a superiority or inferiority to a person's life or existence, and to think that you can eliminate those you judge to be of no value to you.

This is what I need to do, to question myself, because I always live my life making selfish value judgments.

We live in a complex society with various values. That is why we should return once again to the simple and universal point that Buddhism shows us, to understand why we should not harm others, and to live in a world where we can make the most of each other's lives.

# 神無月だより



世間では、人種や性別、能力が劣っている、人より異なることから差別をし、その方々への誹謗中傷や暴力を助長する動きが残念ながら世界中で多く起こっています。このことを考える上で、ではそもそも「なぜ他者を傷つけてはならないのでしょうか？」

この疑問に関しては、実は仏教は明確な答えを私たちに与えてくれてあります。「サンユッタ・二カーヤ」というお釈迦様のお言葉がまとめられているお経の中には、「心によってあらゆる方向を探し求めても、自分より愛しい者はどこにも見つからなかった。他の人たちにしても同じである。みなそれぞれに自分が愛しいのだ。だからこそ、自己を愛する人は他者を害してはならない。」という風に示されています

家族や友人、ペットなどこの世界には私たちにとって大切な存在がたくさんあると思います。でもそうは言っても誰にとっても自分より愛しい存在はないのではないのでしょうか？これは自分以外の誰かにとっても同じで、誰にとっても自分が一番愛しくて大切です。だからもし、自分を大切だと思わずであれば、同じように思っている他者の思いも尊重しなければなりません。だから、他者を傷つけてはならないのですよ。とてもシンプルでわかりやすい教えで示してくださっています。

この言葉が教えてくれるのは、お金持ちであろうがなかろうが、努力をしていようがしてまいが、人より優れた能力があろうがなかろうが、肌の色や生まれや性別や職業や今置かれている状況がどのようなものであろうが、そのようなことは一切

関係がない。ただただ、自分が一番大切ならば（それを実現するために）、他者の思い、命も尊重しましょうと言っているのです。

私たちが生きる社会はとても複雑で、いろんな価値観があり、人それぞれ大切にしているものが異なります。ですから、人それぞれの価値観に「合う／合わない」ということが出てくるのは当然ですし、自分にとって「必要／不必要」という判断に迫られることもあるかもしれませんが、全ての人と仲良くできればいいですが、それはなかなか難しいことです。仮に自分の都合に合わない人であっても、自分にとって必要がないとか無関係だと感じる人であっても、人の命や存在に対して自分勝手に優劣をつけ、自分にとって価値がないと判断されたものは排除してもいい、と考えてしまうのは、やはり危険な考え方です。常に自分勝手な価値判断をしながら生きている私自身にとっても、決して無関係なことではないのです。

様々な価値観がある複雑な社会を生きる私たち。だからこそ、今一度こうして仏教が示すシンプルで普遍的なところに立ち返って、「なぜ他者を傷つけてはならないのか」ということ理解して、お互いを活かしあえる世界でありたいですね。合掌三瓶拜

## 日本語サービスのお知らせ

毎月第2日曜日、11時から日本語で仏様の

お話をYouTubeにて配信しています。

次回は10月9日（日）十一時からです。

\*9月から本堂での対面でのサービスが再開されました。どなたでもご一緒にお参りしていただけます。詳しくは別院オフィスまでお問い合わせください。

お問い合わせください。



# President's Message

By: Steve Onishi

I hope that everyone got to experience our Re-Opening Day last month. It was great to see so many familiar faces....and lots of new ones. Thanks to all of the different Betsuin affiliated and sponsored organizations for participating in the Organization Day activities as well. I always forget how many different groups exist here at our temple.

The whole idea of a Re-Opening Day is a very strange concept to think about. The entire Betsuin had been shut down since April of 2020...nearly 28 months ago. But, thanks to the perseverance of many individuals here at the Betsuin, especially Rinban Sakamoto and Mikame Sensei, we continued to operate throughout the shutdown. In addition, thanks to all of our Sangha who followed, and continue to follow the recommended guidelines to keep us safe. I have not heard of any large outbreaks of COVID amongst our members.

The silver lining to the shutdown is that it gave us time to pause and think...to think about our past, the present and now the future. We lost many Sangha members during the past 28 months. Many of them were the pioneers of our temple and we have them to thank for their sacrifices for creating this temple that we enjoy to this day.

The shutdown has also allowed us to review the present condition of our temple and surrounding campus. While we are all happy to be back to "normal" operations here at the temple, there is quite a long list of repairs and upgrades that need to be addressed. We have scheduled a "Maintenance Day" for later this month. We hope to get many of you to come out for a half day to lend a hand in addressing some of the urgent tasks...no special skills necessary, just a willingness to help us here at the temple.

And finally, a look to the future. During the shutdown, the Generations Phase II committee continued to meet to work on developing plans for the future of the Betsuin. I hope that all of you have had the chance to hear about and see our plans for the new **Dharma Center**, the replacement for the current Education Building. This beautiful building will provide modern facilities that are both seismically safe and ADA compliant while tending towards being "carbon neutral". The official launch of our fundraising campaign starts this month. You will begin to see more information about this effort. Our goal is to raise \$15 million. We have already raised nearly half of that amount with the help of some very generous donors. We hope that all of you will join us in this effort to continue the vision of the early founders of the temple!

In Gassho,  
Steve

# COVID-19 Updates

By: Randy Suzuki

The Betsuin is adhering to the following guidelines.

## Office Hours & Guidelines

- Weekday Office Hours
  - Monday through Thursday 8:30am-5:00pm
  - Friday 8:30am-6:00pm
- Weekend Office Hours
  - Saturday and Sunday 8:30am-4:30pm
- Masks strongly encouraged.
- Staff will continue to be masked for employee and visitor safety.

## Service/Ceremony Guidelines

- Masks are **required in the temple** and we hope everyone understands and can comply.
  - For the safety of ministers and everyone attending.
- Sunday services and special holiday services are offered in person and live streaming.
  - **Full capacity beginning Sep 1, 2022** and no reservations.
- In person Hondo (Temple) weddings, funerals and memorial services limited to:
  - **Full capacity beginning Sep 1, 2022** and no reservations.
- Otoki/Refreshments
  - **Full capacity beginning Sep 1, 2022** and no reservations
- Virtual memorial and funeral services are available or can supplement in person services.
- No contact receiving lines are recommended.

## Nokotsudo

- The Nokotsudo is open to guests with key cards or fobs.
  - Mon - Friday 9:00am-4:30pm
  - Sat - Sun 9:00am-4:00pm

## Facility Use for all Betsuin and Community Organizations

- Indoor or outdoor meetings or events allowed.
- Exercise and Sports can resume.
- Contact the Betsuin office at [facilities@sjbetsuin.org](mailto:facilities@sjbetsuin.org), or 408-293-9292 for availability, requirements, and capacity limitations.
- **Full capacity beginning Sep 1, 2022.**

## Organization Events

- Strongly recommend tracking logs.
- Strongly recommend masks indoors.

To schedule services, facility use or make appointments, office staff can be reached by email ([sjbc@sjbetsuin.org](mailto:sjbc@sjbetsuin.org)) or by phone (408-293-9292). We're here to help as much as we can. If we're not able to answer your phone call, please leave us a message.

The re-opening committee will continue to meet and review safety protocol and requirements as needed.



# Dharma Center Fundraising Kicks Off with a \$2 Million Matching Pledge

By: Dennis Akizuki



The push to build a replacement for the Betsuin's aging Education Building has received a big boost: a \$2 million matching pledge supported by the Takeo and Miyoko Yuki family.

All donations through the end of the year to the Dharma Center project will be matched dollar-for-dollar up to a total of \$2 million, meaning potentially \$4 million could be contributed to the project.

The pledge comes as the Betsuin on Oct. 1 officially launched the "Generations. Our Legacy" fundraising campaign, which will ensure the future of Lotus Preschool and other organizations that support the Betsuin, the Sangha and Community.

Construction on the nearly 12,000-square-foot project – estimated to cost about \$15 million – could begin late next year and be finished in 2024.

"We are very excited by our plans for the new Dharma Center," said Steve Onishi, the Betsuin president. "This will replace our aging Education Building with a new, state of the art facility that will greatly enhance the beauty, and functionality of our campus."

"Much as the Issei and Nisei had to sacrifice to build our current facilities, we hope that you will join us to help bring our facilities into the 21<sup>st</sup> century. While our

goal is to raise \$15 million, we have already received commitments for nearly half of that amount from some very generous Sangha members.

"To help us in those efforts, an extremely generous Sangha member has offered to match all donations, up to a maximum of \$2 million to help us reach our goals! So, I hope that everyone can help us to reach that goal."

Even before the matching pledge, nearly \$6 million has been raised for the project. The matching effort could increase that total to two-thirds of the overall projected cost.

Planning is under way for multiple fundraisers in 2023 sponsored by the Betsuin, individual temple organizations and our local community, in addition to asking each member of the Sangha to consider giving to the project.

The six-decade old Education Building has served the Betsuin well, but it is antiquated, lacks modern security and high tech features, is not ADA (Americans with Disabilities Act) compliant and does not meet current seismic safety codes. Plans for its replacement have been in the works for the past 15 years. The Dharma Center is the second of a two-phase capital building

project the Betsuin began with the renovation and seismic-safety improvements to the Annex Building completed in 2016.

The two-story Dharma Center will be nearly twice as large as the Education Building it will replace, have a space tailored to fit the needs of Lotus Preschool and facilities for other organizations and groups, including larger classrooms, a conference room, multi-purpose room with kitchen and a parking lot with at least 60 spaces.

The center will also feature five classrooms, a library with room for research and educational uses; media/conference room for meetings of up to 52 people, community events, film showings and private parties; a large multi-purpose room that can accommodate 120 seated at tables, 257 on chairs and 360 standing; and a full kitchen.

The \$15 million cost estimate will make the Dharma Center one of the largest construction projects in the history of Shin Buddhism in the United States.

“It's a lot of money,” said temple member Adam Sweeney, who in his tech career was involved in office building projects and has generously volunteered his time and expertise to make the Dharma Center a reality.

“We have people here at church that have wanted this to happen for many years, and they encouraged us to stretch a bit on the budget to make sure that we build something we'll be proud of.”

The Betsuin is fortunate to have members who can make six-figure and even seven-figure donations, according to Sweeney.

“We also have younger church members like me who have worked in and benefited from the tech industry

over the last 20 years,” Sweeney said. “Many of us have done well with the growth of our companies and the stock market. I'm hoping that we can all step up to share some of the results of all that to pay for another big chunk of our \$15 million target.”

“Finally, we'll do this the way we always have. Fundraising dinners, events, bake sales, and every other way that our creative and hard working Sangha members can come up with. I expect that this will take time, effort, and money from all of us, but the results are going to be beautiful and long lasting.”

Please consider the new Dharma Center building project in your giving decisions and remember this incredible opportunity to have your 2022 donation matched!

There are a few options for donating during this matching campaign. You may donate online by credit card at [sjbetsuin.org/dharmacenter](http://sjbetsuin.org/dharmacenter), by check via mail or drop-off to the church office OR offline by credit card by visiting the church office. We cannot take credit card donations over the phone.

If smaller installments are more comfortable for you, you may also pledge a specified amount but spread the payments over 6 months through the end of March 2023. The benefit here is your full pledge will be matched even if some payments are made in 2023. Please refer to the pledge flyer/form included in this newsletter for more details.

If you have questions about the project, fundraising or any other aspect of the Dharma Center, you can contact Rinban Sakamoto at [rinban@sjbetsuin.org](mailto:rinban@sjbetsuin.org), Betsuin President Steve Onishi at [president@sjbetsuin.org](mailto:president@sjbetsuin.org) or the temple office, 408-293-9292 or [sjbc@sjbetsuin.org](mailto:sjbc@sjbetsuin.org).





**Join Us in Building the Dharma Center  
A Matching Campaign supported by the Takeo and Miyoko Yuki Family**

The new **Dharma Center** project is an important and essential endeavor that will strengthen the legacy left for future generations of the Betsuin. This new facility ensures a future for Lotus Preschool and the numerous Temple organizations that support our Betsuin, our Sangha and the community. **It is our turn.**

A **\$2 million Matching Campaign**, supported by the Takeo and Miyoko Yuki Family, kicks off the fundraising efforts to reach the \$15 million goal needed for the construction of our Dharma Center. This opportunity to have **your donation matched dollar-for-dollar** demonstrates the commitment by our community to complete this important project. This campaign runs **October 1 through December 31, 2022.**

**We are grateful for your consideration of the Dharma Center in your giving decisions.**

## WAYS TO DONATE

**Online at: [sjbetsuin.org/dharmacenter](http://sjbetsuin.org/dharmacenter) by credit card**

**By mail: Use the form below and submit check by mail or drop-off**

**Offline by credit card: visit us at the church office**

**Installment option: Total pledge may be made in 6 monthly installments**

Your full donation/pledge amount will be matched even if some installments are paid in 2023.  
Installment payment dates determine tax year eligibility.

-----

**YES, I will help complete the Dharma Center! Please double my donation through the **Matching Campaign!**  
**Donation matching runs October 1 through December 31, 2022! Don't miss this opportunity!****

Name: \_\_\_\_\_

Email: \_\_\_\_\_ Phone: \_\_\_\_\_

Mailing address: \_\_\_\_\_  
Street City ZIP

Pledge: \$ \_\_\_\_\_ Installment option: \$ \_\_\_\_\_ X \_\_\_\_\_ months

Donations (names and amounts) will be listed in the Dharma Newsletter. Check the boxes for your listing preference:

I would like to give anonymously       Do not show donation amount

Mail or deliver this form with a check, payable to 'San Jose Buddhist Church Betsuin', to:

San Jose Buddhist Church Betsuin  
640 North 5th Street, San Jose, CA 95112  
a 501(c)(3) non-profit organization • Tax ID: 94-1656811

**For more information, visit [sjbetsuin.org/dharmacenter](http://sjbetsuin.org/dharmacenter) or call 408-293-9292**

# Maintenance Day

By: Mike Mori

Over the last few years maintenance and repair items have piled up around the Betsuin's properties. You can blame it on the pandemic or our aging and dwindling volunteer base. Most of our volunteers that maintain our properties are in their 70s and 80s. It's time to usher in a new generation of help. If you walk around the church properties you can see the signs of neglect:

- Gutters and rooftops are full of debris
- Paint is fading and peeling
- Garbage and debris collecting in the edges and corners of buildings and lots
- Dry rot and water intrusion around the campus
- Leaking irrigation and
- Junk we don't need collecting in all parts of the properties

Our newly created Operations committee is here to help fix that. We're hosting Our first Betsuin wide maintenance day on Saturday, October 22 from 9 a.m till around noon.

Come one, come all. Any skill level is welcome. We'll be working all over our campus. We'll be cleaning, fixing, maintaining, sorting and throwing away stuff we don't need anymore. It's a good opportunity to familiarize yourself with all the facilities and the challenges we face keeping everything safe and in good order.

After all the work is done, we're hosting a BBQ. We'll be cooking burgers, dogs, and the standard BBQ fare. If you would like to bring a potluck item, I'm sure it will be appreciated. Please sign up online at the following link: [click here](#) .

If you have any particular skill, like carpentry, electrical, motor pool, HVAC, please contact us and let us know how you can help. If you have any questions or comments please reach out to Mike Mori at [gophervalley@gmail.com](mailto:gophervalley@gmail.com) or phone/text me at (408) 316-4903.

## Archives

By: Bob Nakano

Hello All,

A note from the Art Kumada Archive Committee. We have just had our first meeting in several years. It's amazing how some people never seem to look any older(I just feel older but looking in the mirror I'm just as young as ever (but I do need new glasses)). A little humor is good. I still haven't entered too many notes in our family album yet but still hope to.

Our committee is just as energetic as ever and Roland Yamaguchi has just joined us. Welcome Roland. Please remember your family albums and the Art Kumada Archive Committee. More news in the coming months.

# Buddhist Women's Association

By: Barbara Sasaki

Karen Hironaga, Social Welfare Co-Chair sent 3 cards since the last Dharma article. We hope the recipients are doing well.

Sumi Tanabe and Kathy Sakamoto reported the self-defense class is postponed until 2024. It will probably be on a Sunday after the 10:10 Service.

There are 2 conferences coming up. The FBWA Virtual National Conference on October 14- 16 has 23 BWA members attending. The WBWC Conference/Shinran-Hongwanji Celebration in May 2023 has 40 people registered for the tour and 3 people for the Ceremony only.

Please reserve the following dates on your calendar:

1. Eshinniko/Kakushinni/Lady Yoshiko Ohtani/Late Members Memorial Service is on Sunday, November 20, 2022, with Reverend Shibata as the guest speaker.
2. Sunday, December 4, 2022, will be the BWA General Meeting/New Member Welcome/BonenKai Luncheon.

BWA Members will receive more information on the above events later.

There are 2 openings for the BWA Board of Directors for 2023. If you are interested in serving on the Board, please inform Karen Akimoto, President.

The Board voted not to hold the Chirashi/Botamochi fundraiser in 2024.

BWA would like to thank the following for their generous donation:

- The Santo Family in memory of Earl Santo
- Ray Matsumoto in memory of Lucy Matsumoto
- General donation from Susan Sakai-McClure and Yoko Cannestra

## Sock Update

By: Karen Akimoto

We have now sent 34 bags of socks for recycling - approximately 1500 socks! Also many new pairs of socks have been set aside to donate to shelters.

Thank you. Please continue to keep socks out of our landfill.



# Jr. YBA

By: Kaylee Okamoto

We started the new year with a welcome back potluck for all the returning and new members. We got to learn a lot about each other. One interesting tidbit is that not very many people have buzz cuts. The activities also included attempting to make the Leaning Tower of Pisa out of pasta and marshmallows, and tossing water balloons until they popped in our arms. We're so excited for all the new members to join!

Congratulations to our new cabinet! We are looking forward to a fun year!



# Open Temple Day

By: Dennis Akizuki

We are opening the Hondo up to the public on the first Wednesday of the month, starting Oct. 5.

All are welcome to visit from 11 a.m.-5 p.m.

There will be a docent in the Hondo to greet people, give them a tour and answer questions. People can also sit by themselves in quiet meditation if they wish.

We hope to be a good neighbor, meet new people, and start to introduce them to the dharma.

# San Jose Betsuin Choir

By: Nancy Hikoyeda

Your SJ Betsuin Choir is alive and well! Under the leadership of new Choir Director, Elaine Jones, choir members met in person on September 13<sup>th</sup> to discuss the proposed schedule of in-person rehearsals and Covid protocols. As reported last month, everyone is very excited to meet in person again after almost 3 years of virtual meetings.

We would like to welcome a new member, Debbie Anderson. Debbie will be a wonderful addition to our small, but mighty, group. Additionally, several choir members are recuperating from surgeries; we hope you will be back soon

We also thank Elaine and Michael Jones and Allan and Nancy Hikoyeda for their generous donations.

The purpose of the SJ Betsuin Choir is to spread the Dharma teachings through music. We perform for the major Jodo Shinshu Buddhist services (Hoonko, Hanamatsuri, Obon) and sometimes more. **Research has shown that singing in a group contributes to improved physical and mental health, so please consider joining us.** We need sopranos, altos, tenors, and basses and there are no auditions.

Weekly rehearsals are held on Tuesday evenings, from 7-8 pm in the Betsuin Hondo. We require masks (a singer's mask will be provided) and physical distancing. For further information, please contact Paul Endo (415) 730-3395 or [paul@thinktwicelegal.com](mailto:paul@thinktwicelegal.com). Please join us!

## Need an obutsudan or an ojuzu?

By: Dennis Akizuki

If you've been looking around for an obutsudan (altar), you can get one for free at the Betsuin office.

Some of them are new, but many were given to the church. They are in a wide range of sizes. You can drop by the office and ask to look at them.

The office also has a handy written explanation of what goes inside of an obutsudan and has those altar pieces, also for free.

The church also has a number of ojuzus for boys, girls, men and women available at no cost. These have been found at the church over the course of many years.

If you're interested in getting some books on Buddhism, they are also available in the office.

Donations are accepted.

The office is open from 8:30a.m.-5p.m. Monday through Thursday; 8:30 a.m.-6:00p.m. Fridays and 8:30 a.m.-4:30 p.m. Saturday and Sunday.



# Aloha Club

By: Kathy Sakamoto

## ALOHA! E KOMO MAI!



*'A 'ohe hana nui ke alu 'ia*

*"No task is too big when done together by all."  
(Olelo no 'eau-Hawaiian Proverbs)*

The Betsuin is back to 'services in person'. There was even a Sunday when all the Betsuin organizations had their usual intro and recruitment day after service! Was The Aloha Club there? No! Why not?! Ahh – no excuse except that "running late IS my cardio". (That's supposed to be funny.)

One thing about aloha is that it is timeless, formless, never goes stale and never should go away. So, if, one day, you want to say 'aloha' to someone -you should just go ahead and do that. There isn't a good or bad day to greet someone. It's always good, always appropriate and should always be welcome(d).

It took me this long (👍-----👍) to realize that I should put "Aloha! E komo mai" BEFORE the words "Aloha Club" etc. All this time, I kept looking at the title and thinking – "There's something wrong...What is it?" Ah..duh. Ah..yeah. Ah yatto wakarimashita! Of course! Aloha is FIRST-not AFTER something else. It must LEAD the thing. And what is it leading? How to live on this earth. Harmoniously, with humility and respect. "Ua Mau ke Ea o ka 'Āina i ka Pono," the Hawai'i state motto since 1959 which translates roughly as "the life of the land is perpetuated in righteousness." It is a phrase once uttered by King Kamehameha III and adopted as the Hawaiian state motto in 1959.

Look up "ho'oponopono" – it's a Hawaiian practice; when people come together to resolve conflict to restore peace and harmony. It is learning to heal all things by accepting 'total responsibility' for everything that surrounds us. As imperfect beings, we may do this many many times. It's okay. Amida Buddha exists too! We imperfect beings need it all...at least I do!

Stay well!

Just maybe, before the end of the year, we'll all see each other again to say 'aloha" in person!

E Mālama Pono

Aloha~

Kathy

# Qigong

By: Jeanne Nakano

Qigong's Zoom Schedule for October and November 2022

All of Masanori Naito's Qigong classes will continue via Zoom through October & November; however, please note: **Masa will be taking time off to visit his parents in Japan, a long awaited trip because of travel restrictions. Therefore, he will not have classes from October 26 thru November 7. Classes will resume on November 9th.**

Classes are offered Mondays, Wednesdays, Fridays & Saturdays from 9:30 - 11:00 AM. His fee is \$5. per person, per class. You can pay through his PayPal link or with a check to his Union City address. Masa's classes are available to anyone who wishes to try Qigong to enjoy its benefits. PayPal payments directly to: [mnaito010@yahoo.co.jp](mailto:mnaito010@yahoo.co.jp) or [kikoh4000@sbcglobal.net](mailto:kikoh4000@sbcglobal.net) or mail to: Masanori Naito, 33721 10th Street, Union City, CA 94587

Questions about Qigong movements can be directed to Masa & he'll give his answers during class. Masa Naito, [kikoh4000@sbcglobal.net](mailto:kikoh4000@sbcglobal.net). Other questions or concerns can be forwarded to Jeanne Nakano, [nakanojeanne@gmail.com](mailto:nakanojeanne@gmail.com)

Topic: Qigong Class (October to November)

Time: Oct 1, 2022 09:30 AM Pacific Time (US and Canada)

Every week on Sat, Mon, Wed, Fri, until Nov 30, 2022, 27 occurrence(s)

Oct 1, 2022 09:30 AM	Nov 9, 2022 09:30 AM
Oct 3, 2022 09:30 AM	Nov 11, 2022 09:30 AM
Oct 5, 2022 09:30 AM	Nov 12, 2022 09:30 AM
Oct 7, 2022 09:30 AM	Nov 14, 2022 09:30 AM
Oct 8, 2022 09:30 AM	Nov 16, 2022 09:30 AM
Oct 10, 2022 09:30 AM	Nov 18, 2022 09:30 AM
Oct 12, 2022 09:30 AM	Nov 19, 2022 09:30 AM
Oct 14, 2022 09:30 AM	Nov 21, 2022 09:30 AM
Oct 15, 2022 09:30 AM	Nov 23, 2022 09:30 AM
Oct 17, 2022 09:30 AM	Nov 25, 2022 09:30 AM
Oct 19, 2022 09:30 AM	Nov 26, 2022 09:30 AM
Oct 21, 2022 09:30 AM	Nov 28, 2022 09:30 AM
Oct 22, 2022 09:30 AM	Nov 30, 2022 09:30 AM
Oct 24, 2022 09:30 AM	

Please download and import the following iCalendar (.ics) files to your calendar system.

Weekly: [https://us02web.zoom.us/meeting/tZlpcuGgpi4oGtR7st-wg\\_Kf2loMR5V92fFb/ics?icsToken=98tyKuGuqj4iEtyQshmHRpwABo\\_4WfzxiCVBjbdvywzxTjdUXSjwZMtNH4AqJoGC](https://us02web.zoom.us/meeting/tZlpcuGgpi4oGtR7st-wg_Kf2loMR5V92fFb/ics?icsToken=98tyKuGuqj4iEtyQshmHRpwABo_4WfzxiCVBjbdvywzxTjdUXSjwZMtNH4AqJoGC)

Join Zoom Meeting

<https://us02web.zoom.us/j/86458885200?pwd=a0NkbXM0VXpCN0ZYenR5V284OEIPZz09>

Meeting ID: 864 5888 5200

Passcode: 856780

# EcoSangha

## EcoTip: Recycling Cooking Water

By: Jeanne Nakano

*(Correction in the Sept. 2022 Dharma: EcoTip on Everyday Laundry was submitted by Karen Hironaga, not Jeanne Nakano.)*

This EcoTip is a hassle free, environmentally friendly & sustainable idea. It's recycling cooking water that normally goes down the kitchen drain. Think cost-effective, being resourceful & "cooking up conservation".

When you boil your pasta (in unsalted water), vegetables, eggs or potatoes, many of the micronutrients such as phosphorus, nitrogen & calcium are boiled off into the water. After letting the cooking water cool, you can provide your garden plants with a nice drink & they will get much needed fertilizer from the nutrients.

*Resource: East River Nursery in Huron, South Dakota.*

*Resource: CBS: California Climate Crisis (Cooking up Conservation segment)*

You might consider doing the same with the multiple rinses when washing rice. Save that water for your plants. This idea was shared by Robin Shinagawa. Dave Pascual also saves pasta water to water his plants. You'll think of other ways to save & recycle reusable water too!

## Pledges

Pledges received August 20 to September 23, 2022

### 2022

Stan and Linda Matsumoto Chin  
Kelli Chou  
Arthur and Cynthia Fong  
Erinn Hama and Brianne Hama  
Tomiko Handa  
Mitsuro and Sumako Higashi  
Larry and Karen Kubo  
Lois Matsumoto  
Kikue Sugai

Linda Sugai  
Tsugiko Tanaka  
Kikue Uyeoka  
Howard and Julie Watanabe  
Christopher and Alanna Yamada  
Jacqueline Yamaguchi

### 2023

Ted and Susan Sunada

# Donations

Pledges received August 20 to September 23, 2022

## *Donation*

2022 Humboldt County 1st Obon Festival (\$500)  
Hifu and Shirley Kodani(\$120)  
Girl Scout Troop 60782(\$12)  
Loc Nguyen(\$25)  
Michael and Elaine Jones - Salesforce  
Match(\$400)  
Christopher and Alanna Yamada(\$500)

## *In Memory of those who passed away and to commemorate the bombing of Hiroshima and Nagasaki*

Kazue Kawasaki(\$100)

## *Funeral*

### *In Memory of Atsuko Nodohara*

The Family of Atsuko Nodohara(\$650)

### *In Memory of Earl Santo*

Helen Santo and Family(\$500)  
Ernie and Toyo Inouye(\$30)  
Mary Tokiwa(\$30)  
Jim McClure and Sue Sakai McClure(private)  
Aiko Kojima(\$25)  
Stan and Eileen Moriya(\$50)  
Sumiye Tanabe(\$30)  
Emily Ando(\$30)  
Diane Ikegami(private)

### *In Memory of Lucy Matsumoto*

Ernie and Toyo Inouye(\$30)  
Grace Kobata(\$25)  
Tokuko Matsumoto(\$200)  
Mary Tokiwa(\$30)  
Judy Yoshioka(\$20)  
Robert and Sally Idemoto(\$25)  
Sumiye Tanabe(\$40)  
Jerome and Marion Uchiyama(\$100)  
Alvin and Karen Hironaga(\$30)  
Diane Ikegami(private)

### *In Memory of Stan Kawamata*

Harriett Kawamata(\$300)

## *In Memory of Itsuro Ide*

Joyce Kuwada(\$25)  
John and Courtney Cheadle(\$100)  
Michael and Audrey Doi(\$25)  
Bob and Betty Fujii(\$50)  
Garrett and Kristy Fujii and family(\$50)  
Kay Ide(\$50)  
Roy and Carole Kanazawa(\$50)  
William Sugimoto(private)  
Hisako Ando(\$25)  
Michiko Itatani(\$25)  
Peggy Tokushige(\$50)  
Stanley and Sharon(\$50)  
Masaru and Sachiko Urata(\$30)

## *In Memory of Mitsuye Nakao*

Mary Tokiwa(\$30)

## *In Memory of Yoshiko Yamashita*

San Jose JAACL(\$35)  
Terry and Shirley Ota(\$100)  
Mary Ando(\$20)  
Ken Furukawa and Joyce Yamamoto(\$30)  
Akira and Linda Iwasaki(\$25)

## *In Memory of Leonard Kado*

Alice Kado(\$1,000)  
Elaine Umeda(\$25)

## *In Memory of Misako Yamaoka*

Margie Matsuura(\$50)  
Albert and Janice Kogura(\$100)  
Marvin and Joanne Mine(\$50)

## *Memorial Service*

### *In Memory of May Kurimoto*

The Kurimoto Family(\$100)

## *In Memory of Shig Tokiwa*

Mary Tokiwa(\$300)  
Betty Tokiwa(\$300)  
Kaye Masatani(\$25)

*2022 Hiroshima Nikkeijin Kai Memorial Service*

South Bay Hiroshima Nikkei Jin Kai(\$100)

*In Memory of Mas Horiuchi*

Horiuchi Family(\$150)

*In Memory of Toyoko Kubota*

Shiro Kubota(\$300)

*In Memory of Tokiko Okano*

Sumiko Okano(\$500)

*In Memory of Walter Uyeda*

Barbara Uyeda(\$100)

*In Memory of Stephen Fukuchi*

Joyce, Sachi & Scott, Jennifer, Kyle, & Holly  
Fukuchi(\$3,000)  
Tomiko Handa(\$75)

*In Memory of Fred Yamada*

Miwako Yamada(\$300)

*In Memory of Aiko and Yoshito Ouchida*

The Family of Aiko and Yoshito Ouchida(\$200)

*In Memory of Fumiko Higuchi*

The Family of Fumiko Higuchi(\$200)

*In Memory of The Higashi Family*

Emiko and Ted Higashi(\$200)

*In Memory of Hisako, Henry and Dennis Higashi*

Wayne and Kailyn Higashi(\$50)

*In Memory of Kayoko Yamada*

Akira and Linda Iwasaki(\$40)  
Glen and Kay Wada(\$40)

*In Memory of Masa Mukai*

Lilian Maher(\$200)

*In Memory of Kim Akizuki*

Jacqueline Maruhashi(\$50)

*In Memory of Roy Murotsune*

Jacqueline Maruhashi(\$50)

*In Memory of Hisayo Kitahara and Kathleen*

*Ann Kitahara-Allsup*

The Kitahara Family(\$250)

*Memorials*

*In Memory of Dennis Yoshioka*

Judy Yoshioka(\$100)

*In Memory of Jeffrey Doi*

Stanley and Margaret Tomita(\$50)

*In Memory Fred Shiraki*

Mary Ando(\$20)

*In Memory of Polly Sakamoto*

Craig Sakamoto(\$100)

*In Memory of Judy Nakano*

Anonymous(\$25)

*In Memory of James Yamakawa*

Robert and Sally Idemoto(\$25)

*In Memory of Hannah Kawafuchi*

Allan Kawafuchi and Lily Kawafuchi(\$50)

*In Memory of Irene Uchiyama*

Jerome and Marion Uchiyama(\$100)

*In Memory of David Adams and Paul Sasaki*

Robin and Arthur Shinagawa(private)

*In Memory of Lucy Matsumoto and Earl Santo*

Miyo Shigemoto(\$50)

*In Memory of Kelly Iriye*

Kaye Masatani(\$30)

*In Memory of Clarine Sunada, Jeffrey Doi, Bill Hamada,  
Carol Sato Nakashima and Janice Aochi*

Bob Nakano(\$100)

*In Memory of William S. Kawashima*

Reiko, Steve & Dawn Kawashima(\$200)

*Obon*

Mary Tokiwa(\$200)

*Disaster Relief*

8/21/22 - Sunday Osaisen (\$37)

8/28/22 - Sunday Osaisen(\$75)

9/4/22 - Sunday Osaisen(\$25.21)

9/11/22 - Sunday Osaisen (\$114.65)

9/18/22 - Sunday Osaisen (\$54.56)

*Generations Capital Campaign*

John and Ruby Hall(\$2,000)

Anonymous(\$49.80)

Charlotte Hiroshima(\$20)

Larry Namekata(private)

*In Memory of Jeffrey Doi*

Steve and Karen Akimoto

Bonnie Kurimoto-Kobayashi(private)

*In Memory of Itsuro Ide*

Michael and Elaine Jones(private)

Bonnie Kurimoto-Kobayashi(private)

Phyllis Sugimoto(private)

Arthur, Robin and Richard Shinagawa(private)

Dennis Akizuki(\$30)

Sharon and Stan Kurimoto((\$50)

*In Memory of Earl Santo*

Larry and Yvonne Namekata(private)

Bonnie Kurimoto-Kobayashi(private)

Mack and Joan Kusumoto(\$100)

*In Memory of George Hanada*

Mack and Joan Kusumoto(\$100)

*In Memory of Paul Sasaki*

Bonnie Kurimoto-Kobayashi(private)

*In Memory of Wayne Kobayashi*

Bonnie Kurimoto-Kobayashi(private)

*In Memory of Lucy Matsumoto*

Michael and Elaine Jones(private)

Dennis Akizuki(\$30)

Charles and Mary Matsumoto(\$100)

Gregg Matsumoto(\$250)

Judie Kanemoto(\$200)

Mack and Joan Kusumoto(\$100)

*In Memory of Stan Kawamata*

Jeffrey Doi(\$500)

Bob Terasaki(\$100)

Neil and Marcia Denton(\$50)

Alice Ma(\$20)

Arthur , Robin and Richard Shinagawa(private)

Jay Krabacher(\$100)

Bonnie Kurimoto-Kobayashi(private)

Mack and Joan Kusumoto(\$100)

*In Memory of Judy Nakano*

Mack and Joan Kusumoto(\$100)

*In Memory of Harry Kotsubo*

Mack and Joan Kusumoto (\$100)

*In Memory of Jim Sugai*

Kikue Sugai and Family(\$300)





# Keiro Kai at Home

**SAN JOSE BUDDHIST CHURCH BETSUIN**

**Keiro Kai** is a celebration to honor our elders. Honoring their contributions, wisdom and strength. Please join us in celebrating our **Keiro Honorees**.

**2022 Keiro Kai at Home  
Saturday, November 19, 2022**

**Gift Delivery to Keiro Honorees  
and  
Online Presentation**

---

## *Honoree Participation Registration*

**RSVP by November 5, 2022**

**Honoring all Betsuin members born in 1942 and before - our Honorees**

We will be delivering gifts to all registered Honorees on November 19th between 10am and 2pm and would like to include photos of each Honoree in our Online Presentation.

**RSVP (register) by email to [sjbc@sjbetsuin.org](mailto:sjbc@sjbetsuin.org) with all information listed in the form below  
OR by mail (fill out form below) to 640 N. 5th Street, San Jose, CA 95112**

**Please include photo(s), print or electronic, when registering**

*Note: your choice of photo(s) is up to you; we suggest a few of your favorite memories and activities.*

Name of Honoree: \_\_\_\_\_ Year of birth: \_\_\_\_\_

Email: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_

I am not an honoree but would like to donate towards this event: \$ \_\_\_\_\_

**For more information, please call the church office at (408) 293-9292**



# FREE Electronic Waste Collection Event

Community service event held by:

## Troop 611 Scouts BSA

When:

**Saturday**  
**November 05, 2022**  
**9am to 3pm**

Location:

**San Jose Buddhist Church**  
**Education Bldg Parking Lot**  
**639 N. 5th Street**  
**San Jose, CA 95112**

**All Wire and Cabling, Desktop PCs, Laptops, PDAs, Servers, DLP/CRT/Plasma/LCD/LED Monitors, Televisions, Printers, Mice, Keyboards, & Accessories, Copy & Fax Machines, All Audio & Video Players, Cell Phones & Accessories, Electrical household appliances, and much more!!!**

**(please, NO metals, microwaves, large appliances or large office equipment)**

**\*\*\* Please review the list of acceptable items \*\*\***

Event Hosted By



[www.ajelectronicrecycling.com](http://www.ajelectronicrecycling.com)

For more recycling information contact **A&J Electronics Recycling**  
At 408-490-4516 or email [ajelectronicrecycling@gmail.com](mailto:ajelectronicrecycling@gmail.com) CA#115816

# FREE Recycling Services!!



**A&J Electronics**  
Recycling E-Waste

## Item we accept for recycling...

- Monitors
  - Servers
  - Laptops
  - Hard Drives
  - Televisions
  - Desktop Computers
  - Cell
  - Video Cameras
  - Flat Screens, LCDs, CRTs
  - Mother Boards
  - Satellite Boxes
  - Cables, Ribbons, Wire
  - Vacuum
  - Fans
  - Radios
  - Video Game
  - Speakers
  - Fax
  - Pagers
  - Sound Cards
  - Network Cards
  - PDA's
  - Modems
  - Electric Toy's
  - Clocks
  - Stereos
  - Paper Shredders
  - Power Tools
  - Scanners
  - Sound Systems
  - Telephone Systems
  - Power Supplies
  - Amplifiers
  - CD Drives
  - DVD Drives
  - Laptop Batteries
  - Video Cards
  - CD, DVD & MP3 Players
  - Christmas Lights
  - UPS Batteries
  - Vehicle Batteries
  - Ups Backup Battery
  - Small
  - Heat Sinks
  - RAM Chips
  - Receivers
  - Typewriters
  - Digital
  - Keyboards
  - PCI Boards
  - And More!!!
- Small Home Appliances Items
- Toaster
  - Slow cooker
  - Rice cooker
  - Blender
  - Pressure cooker
  - Electric kettle
  - Deep fryer
  - And More!!!
  - Pasta maker
  - Bread machine
  - Coffee maker
  - Griddle
  - Waffle iron
  - Juicer

## Unacceptable Items...

- Microwave
- Ovens
- Furniture
- Disks/CDs
- Floppy Drives
- Household Batteries
- Video VHS Tapes
- No Appliances
- Washer and Dryer
- Refrigerator
- Fluorescent Tubes
- Light bulbs
- Printer Cartridges
- Printer Toners
- Household Batteries
- Copiers
- Wood
- Paint
- Metal
- And More!!!

For more recycling information contact **A&J Electronics Recycling**  
[At 408-490-4516](tel:408-490-4516) or email [ajelectronicsrecycling@gmail.com](mailto:ajelectronicsrecycling@gmail.com) CA#115816

<b>Quantity of:</b>	<b>CRT Monitor/TV</b> _____	<b>LCD Monitor/TV</b> _____	<b>Plasma Monitor/TV</b> _____
First & Last Name	_____		Phone Number _____
Address	_____	City _____	Zip Code _____

## Upcoming Services:

November 6, 2022 – Eitaikyo

November 20, 2022 – Eshinni and Kakushinni/BWA Memorial Service

November 27, 2022 – Family Service

December 11, 2022 – Bodhi Day Service

## Funeral and Memorial Service

If you need to schedule a service please call the temple office at (408) 293-9292. Masks will be required for all services.

## Nokotsudo Hours

Monday thru Friday 9:00am to 4:30pm  
Saturday and Sunday: 9:00am to 4:00pm

## Japanese Telephone Dharma Message

The San Jose Buddhist Church Betsuin is now offering a Japanese Dharma Message using your telephone. To listen to the message, you will need to call (408) 293-9292.

If you call between the hours of 8:30am to 5:00pm the Betsuin office staff will have to transfer you to the extension to listen to the Dharma Message.

If you call after 5:00pm, follow the message prompts and select the appropriate number to get you to the Japanese Dharma message.

### 2022 Memorial Service Schedule

Please schedule a service if your loved ones passed away in the following years:

<u>Year</u>	<u>Service</u>
2021	1 <sup>st</sup> Year
2020	3 <sup>rd</sup> annual
2016	7 <sup>th</sup> annual
2010	13 <sup>th</sup> annual
2006	17 <sup>th</sup> annual
1998	25 <sup>th</sup> annual
1990	33 <sup>rd</sup> annual
1973	50 <sup>th</sup> annual
1923	100 <sup>th</sup> annual

San Jose Buddhist Church Betsuin

640 North 5<sup>th</sup> Street

San Jose, CA 95112

Phone: (408) 293-9292

Fax: (408) 293-0433

Email: [sjbc@sjbetsuin.org](mailto:sjbc@sjbetsuin.org)

Website: [www.sjbetsuin.org](http://www.sjbetsuin.org)

Office Hours:

Monday thru Thursday: 8:30am to 5:00pm

Friday: 8:30am to 6:00pm

Saturday and Sunday: 8:30am to 4:30pm