



the Dharma

San Jose Buddhist Church Betsuin
640 North 5th Street
San Jose, CA 95112
(408) 293-9292
Email: sjbc@sjbetsuin.org

Volume 69 | Issue 12 | December 2022

Betsuin Calendar of Events:

November 27, 2022 – Family Service

December 11, 2022 – Bodhi Day Service @ 10:00am

December 31, 2022 – Joya E (New Year's Eve Service) @ 7:00pm

OFFICE CLOSED

November

Thursday, November 24, 2022

Friday, November 25, 2022

December

Sunday, December 25, 2022

Monday, December 26, 2022

Saturday, December 31, 2022 – Open 12:30pm

December 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
					Troop 61334 Troop 61305 Cub Scouts	
4	5	6	7	8	9	10
Dharma School Adult English BWA Bonen Kai	Troop 60273	Choir	Betsuin Open Temple Day Troop 61301 Boy Scouts		Troop 61333 Troop 61332 Troop 61334 Cub Scouts	
11	12	13	14	15	16	17
BODHI DAY SERVICE JR. YBA BAKE SALE	Troop 60782		Boy Scouts	Shakuhachi Club		
18	19	20	21	22	23	24
Dharma School Adult English					Troop 61333	OFFICE CLOSSES @ 12:30PM
25	26	27	28	29	30	31
OFFICE CLOSED	OFFICE CLOSED			TTFC	TTFC	OFFICE CLOSSES TTFC JOYA E SERVICE @ 7:30PM

In Conversation

By: Rinban Gerald Sakamoto

A merchant once prepared a luxurious meal for a gathering of priests. He wanted to express his gratitude for all their work. Although he was not a very devout person he recognized and appreciated how much these teachers had done for the community. No effort was spared in the planning and preparation of the meal. The highest quality ingredients. The best meats and produce. Fish and fowl were brought in from markets and forests near and far. No detail went unexamined. Checked and rechecked. When the evening came, guests began to arrive.

The priests were invited to take their seat at the table. Their host joined them and welcomed them all. Then the food began to arrive. Each setting was beautifully arranged. Attention to portion, placement and shape. Each sense awakened. The mind too was caused to be moved, for before the priests were placed meats and flesh of once living beings. There was an audible pause then the priests removed their kesa and began to dine. All but one, who continued to wear his kesa as he enjoyed his meal.

Throughout the evening servers busied themselves bringing food and removing trays. One young server paused next to priest who wore his kesa and asked why he did not remove his kesa when everyone else did. The priest replied that whether he wore his kesa or not he was still just a foolish person.

I don't think he was commenting on the behavior of the other priests. I believe his choice, his decision to continue to wear his kesa was simply an acknowledgement of who he was. That authenticity and genuineness is sometimes hard to express. Sometimes we express who we are through how others might see us. Our roles and identification are readily recognized. As a priest I might behave in ways that are expected. Not that the behavior is false but rather it may be only a part of what is experienced. An example of this might be a discussion that becomes difficult may require behavior that is different with family and with friends. The circumstances may require behavior that is appropriate in one instance but unacceptable in another. Even if we may want to do or say something we restrain ourselves out of consideration of others. It would be nice to leave our kesa on expressing our own authenticity. But that in itself may be simply responding to expectations of oneself.

With the new year approaching hopefully there will be opportunities to gather together with family and friends, perhaps for the first time in years. A lot to catch up on. Who went away to school. Who was born. Who died. Who moved away. Who we are is the sum and more of all these circumstances. Being authentic and genuine is complicated. Sometimes our enthusiasm for authenticity can be just rude behavior. Sometimes, born out of necessity, we are caused to be authentic, real. When we find ourselves in those circumstances, it takes some time to recognize and acknowledge the infinite causes and conditions that converge in that moment that make our lives possible. In the simple conversation between a server and a priest or in the complex interactions of family and friends if we are mindful we may discover something new that is authentic and genuine.

A Map for your Life

By: Reverend Etsuko Mikame

We are all good at finding goals and rewards for the things in front of us, but we are not always so good at where we are going. When it comes to our lives, we're not so sure. We may stop thinking about where our lives are headed because we can't quite wrap our heads around it.

Hearing the Dharma is something like seeing the map in our lives.

My sensei in Japan told me that we hear Dharma to know where we are and where our lives are going. Not hearing either one but hearing **both** where we are and where we are going matters!

How does Buddha Dharma tell us about where we are? We are living as human beings here. Yes, you are one of the human beings. You are here and your family, friends and teachers are here in this world.

We are living with many people in this world, although we haven't met all of them. Even if we live together, we live separately and we sort out people and things around us like you and me, friend or stranger, good or bad, healthy or unhealthy, life or death and stuff like that.

If we find something or someone we like, we might get stuck and stay there. On the other hand, if something or someone is against our preference, we might get mad and try to keep away from it.

Buddhism always tells us where we are. We are always being driven by what we think is good and going this way and that way, and on the other hand, we are angry at what we don't like and try to avoid it, walking blindly in our own convenience without checking where we really are. But you see, even if you lose track of where you are because of our selfish way of living life, Amida is the one who tells us without giving up that the path of life that we are truly living is this way. The destination is the land of the Buddha. When we sit at Hondo, we face toward the Naijin. The Naijin represents the world of Buddha, which means our lives are going forward to enlightenment and being guided by Buddha to the world of true harmony. That is the destination of our lives. We hear that we are nurtured by Buddha to be able to appreciate this world in a true meaning through the Buddha Dharma.

Amida is guiding us to live toward the world of enlightenment where we can see each individual's life as it is, shining brightly without any judgment for our own reasons, without hurting others, and without being ostracized by others.

The truth that reaches to my mouth saying Namu Amida Butsu means that the Buddha of that enlightened world is navigating me now. In the resonance of Namu Amida Butsu, it shows us "You're here" with Amida telling us where we are and embracing each and every one with its compassion and guiding us here to the path of the Buddha.



師走だより

第十三代の本願寺のご門主で良如上人のころから、本願寺の歴代のご門主にお茶を献上をしています。お茶の流派に「藪内流」というグループがあります。そのお茶をたてる心得をうたった詩がありますので、ご紹介させていただきます。

すなほなる心をうつすわざなれば

手つきまがらずすなおなるべし

素直なところ、純粹な心を映すしぐさが作法であるならば、手が震えたりごそごそすることはない、お茶をたててお出しする姿は自然と美しい所作になる、という意味だそうです。お茶の道というのはお客様をもてなすまっすぐな心そのままであるから、立ち振る舞いととも清らかなでなければならぬということをやった詩だと思います。

私の友人でよくご自宅でのお茶会に誘ってくださいる方がいるのですが、その方はこの詩のようによつても丁寧におもてなししてくださいます。素晴らしいのはお点前だけでなく、季節に応じた飾りでその場を整え、おいしいお菓子も一緒に用意くださり、目でも舌でも楽しませてくださいます。一方、私も以前お茶を少しだけ習っていたことがあるのですが、お恥ずかしながらとても美しい所作とは言えないものだったと思います。。。お恥ずかしながら私は友人からのその精一杯のおもてなしをただただ楽しみ、素直に頂くだけです。

このようにお茶を差し出すという行為は、お茶を準備しているものの心がそのまま行為となって映

るということを表しています。ですので、もてなす亭主の心とサービスを受けるお客様の心が一つになるところにはおのずと感謝の心が沸き起ってくるものということを表しています。こうした心は実はお念仏の心にも同じように味わうことができるかと日本のある先生が教えてくださいました。

阿弥陀様に入れて頂きました「南無阿弥陀仏」というお茶にも阿弥陀様の清らかな心がそのまま映っています。そのお茶には効能があります。この私を苦しみから救い取って必ず悟りを開く身にさせたいという、阿弥陀様の願いになつた働きが「南無阿弥陀仏」を通していつでも私の中に満ち溢れています。ですから、一声一声、私がお念仏を称えるたびに「南無阿弥陀仏」の温かいお茶を差し出してくださいっている阿弥陀様のお姿をまず思い起こさないといけないと思います。そして、悲しき喜びが入り混じるどちらに転ぶかわからないような人生を生きる私たちの命は時に凍え、心はかたくなになってしまっているかもしれせん。しかしそんな中であっても阿弥陀様はこの私の命を決して見捨てることなく「どうかあなたの本当の命の輝きに目覚めてくれよ」と芯から凍える私の心に南無阿弥陀仏と届いて温め続けてくださっています。

合掌 三瓶拜

日本語サービスのお知らせ

毎月第2日曜日、11時から日本語で仏様のお話をユ―チューブにて配信しています。

今回は12月11日(日) 11時からです。*対面でのサービスが再開されました。どなたでもご一緒にお参りしていただけます。詳しくは別院オフィスまでお問い合わせください。

President's Message

By: Steve Onishi

I used to worry about getting old. But now that I am getting there (or already am there according to my sons), I realize that there are definite benefits! For one thing....time seems to fly by! It seems like my term as President just started a few months ago. Actually, it started 2 years ago and my term ends at the end of this month. Of course, maybe it doesn't actually fly by....I just forget more and more! So says the guy that can't remember what he had for breakfast!

When I force myself to think back to the start of my term, it was a crazy time at the beginning of 2021. We were in the middle of the COVID-19 pandemic. All of the Betsuin facilities and programs were shutdown. We began transitioning to virtual meetings. The Board of Directors, our ministers and the office staff continued with the business of the church. When things began looking up, we made the decision to have a partial in-person Obon after a year's absence in 2020. We had the "Sangha Summer" on Saturday with pre-ordered take-out meals plus some limited in-person entertainment. Then "Obon at Home Mo Ichido", the virtual portion of Obon was held on Sunday. Sunday services continued throughout the year and were viewable on our YouTube channel.

2022 saw a gradual re-opening of our facilities. In the Spring, the decision was made to go for a "full" Obon. While we were missing a few of our normal booths, most came back and we had a very successful 2-day event. Full re-opening of all facilities occurred in September with Dharma School, Japanese Language School, all youth organizations meeting again. Throughout the pandemic, Lotus Preschool managed to continue to meet virtually at first, and then in-person with reduced numbers and very comprehensive COVID protocols.

We have continued to work on the Generations Phase II program. This new building which will replace our aging Education Building will be called the Dharma Center. Together with our beautiful Hondo called the Buddha Center and the upgraded gym/annex called the Sangha Center, this new Dharma Center will complete our campus that will be an important part of Japantown. This is the opportunity for our generation to leave a legacy for the future of our temple. Fundraising has begun and we have raised over half of the total \$15 million cost estimate. We hope that you will consider supporting us in your year-end charity and tax plans. In addition, we hope that you will take advantage of our improved online membership payment options including PayPal or credit card, and either one-time or installment payments, all available on our church website; sjbetsuin.org.

By anyone's definition, my two-year term as President has been unique. We appear to have "weathered the storm" of this historic pandemic era. It is very gratifying to me personally to see the return of our Sangha once again. I would like to thank the many people that have supported and worked with me these last two years, especially Rinban Sakamoto and Mikame Sensei, the entire office staff, the Board of Directors, the Komon and many others...too many to name. We are all fortunate to be a part of such a vibrant Sangha.

In Gassho,
Steve



Did you receive the **Dharma Center** information in the mail?

We hope you found the information and design plans informative and exciting! The Matching Campaign is in full swing and support has been very encouraging.

Please donate/pledge before December 31, 2022 so that your donation will be matched by the Takao and Miyoko Yuki Family. Remember: you may defer your payments to a later date (even into 2023) or pay in monthly installments to make giving more comfortable for you and your families.

For 2022 tax year benefits, remember to look into the option of an IRA Charitable Rollover Gift - your IRA plan advisor can explain the benefits of such a gift.

We will continue to provide updates on building plans and fundraising campaigns in future newsletters.

We would appreciate hearing your comments, thoughts and questions about the Dharma Center. You may send emails to dharmacenter@sjbetsuin.org any time. Here are some recent stories and comments from our Sangha:

*At the end of World War II, after Japanese-Americans were released from the incarceration camps, my family had nowhere to live. There was strong anti-Japanese sentiment in our hometown of Salinas so we decided to try San Jose. The San Jose Buddhist church offered us housing and food. The men slept in the main Hondo, moving the pews every night, while the women slept in another building (which no longer exists). My parents, brothers and sisters and I lived at the temple for approximately two months before finding our own housing. I am forever grateful to the temple for giving me and my family the opportunity to get our lives restarted. **Sus Ikeda***

*I'm sure my friend Richard Tanaka, the original architect of the Education Building, would be very happy about this project. It ensures his vision for the church community will continue on for generations to come. **Robert Okamoto***

*My husband and I are not from the San Jose area and do not have a lot of family nearby. We were lucky to have all of our kids go through Lotus Preschool which then led to their participation in Scouts through Pack/Troop 611, Girl Scouts, Dharma School and affiliate organizations like CYS and Yu-Ai Kai. We have grown to discover friendships and experiences we would have not had otherwise. We happily donate because we want to give back to a community that has given so much to us and our family. **David and Tori Sakurai***

This first campaign for our Dharma Center project must be fully successful in order to ensure a strong future for the Betsuin and for our generations to come!

Thank you for your support!



We gratefully acknowledge and thank the following for their recent donations and pledges to the Dharma Center.

Received October 22nd to November 18, 2022

Ann and Joe Morimoto(private)
Allan and Nancy Hikoyeda(private)
Yumiko Matsui(\$20)
Thomas and Greer Nishikawa(\$1,600)
Akiko Tanaka(\$500)
Albert and Fumi Uyeda(\$300)
Margie Cornehl(\$500)
Naomi Makihara and Randy Shingai(\$5,000)
Girl Scout Troop 61334: Bake Sale(\$385)
San Jose Jr. YBA(\$438)
Tsuyaye Nakao(\$2,000)
Steve and Linda Onishi(\$10,000)
Cathy Pike(\$100)
Cathy Pike(\$100)
Anonymous(\$1,000)
Hisako Mukai(\$100)
San Jose Betsuin Choir(\$300)
Generation Pickers(\$5,220.85)
Dick and Alice Horio(\$500)
David and Akiko Kubo(private)
Frances Ota(private)
Penny Tom(\$150)
Anonymous(\$5,000)
Anonymous(\$100)
James and Grace Idemoto(private)
Keith and Linda Inouye(\$50)
Anonymous(\$500)
Kevin and Karen Kitagawa(\$10,000)
San Jose Betsuin ABA(\$5,000)
Alvin and Karen Hironaga(\$1,000)
May Takata(\$1,000)
Anonymous(\$100)
Robert and Ida Fujii(\$100)
Linda Nielsen(\$50)
Kaida Family Trust(\$1,000)
Anonymous(\$20)
Diane and Eugene Nakamura(private)

Lloyd and Elaine Ando(\$10,000)
Richard and Lynne Sugimoto(\$5,000)
Craig and Pamela Yonemura(\$500)
Anonymous(\$100)
Bill Sueoka(\$100)
Bruce and Diane Kline(\$100)
Taro Yamada(\$5,000)

In Memory Joe and Grace Akahoshi
Iwanaga/Jacobs Family(\$75)

In Honor of Bill and Martha Aarii
Lucy Aarii Ruiz(private)

In Honor of Jimmy T. Fukumoto
Carl and Doris Yanari(\$250)

In Memory of Mitsugi and Setsuko Hane
Wayne and Jeannie Hane(\$5,000)

In Memory of Lillian Kanzaki
Joyce Iwasaki(\$100)
In Honor of Lynne Yamaichi receiving the Boy Scout
Character Award
Alvin and Karen Hironaga(\$50)
Shizuka Hanada(\$100)

In Memory of Yoshiko Yamashita
Family and Friends of Yoshiko Yamashita(\$500)

In Memory of Thomas Takayama
Paul and Norma Uenaka(\$50)

In Memory of Thomas Shinagawa
Arthur, Robin and Richard Shinagawa



In Honor of Bennett Y. Fonsworth
Deanna T. Fonsworth(\$250)

In Memory of Stan Kawamata
Stan and Eileen Moriya(\$50)
Phyllis Yoshikawa(\$30)
Tom and Carol Yuki(\$100)
Charlotte and Dyke Hiroshima(\$200)
Daniel Kikuchi(\$30)
Deborah Amemiya(\$150)

Ron Tanizawa(\$100)
Michael and Betty Fujimoto(\$100)
Roger and Nancy Wong(\$50)
The Kao Family(\$250)
Rebecca Ruiz(\$50)
Carl Izumi(\$100)
Lily Hayashimoto(\$15)
Gerald and Jean Izumi(\$45)
Raymond and Julia Wong(\$200)
Dave Pascual(\$100)
Jerry and Tina Mukai(\$25)

In Memory of Judy Nakano, George Hanada, Stan
Kawamata and Earl Santo
Cindy Aragaki(private)



**Join Us in Building the Dharma Center
A Matching Campaign supported by the Takeo and Miyoko Yuki Family**

The new **Dharma Center** project is an important and essential endeavor that will strengthen the legacy left for future generations of the Betsuin. This new facility ensures a future for Lotus Preschool and the numerous Temple organizations that support our Betsuin, our Sangha and the community. **It is our turn.**

A **\$2 million Matching Campaign**, supported by the Takeo and Miyoko Yuki Family, kicks off the fundraising efforts to reach the \$15 million goal needed for the construction of our Dharma Center. This opportunity to have **your donation matched dollar-for-dollar** demonstrates the commitment by our community to complete this important project. This campaign runs **October 1 through December 31, 2022.**

We are grateful for your consideration of the Dharma Center in your giving decisions.

WAYS TO DONATE

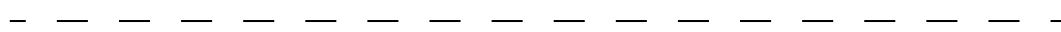
Online at: sjbetsuin.org/dharmacenter by credit card

By mail: Use the form below and submit check by mail or drop-off

Offline by credit card: visit us at the church office

**Pledge/Installment option: may be deferred to a later date
or made in monthly installments**

Your full donation/pledge amount will be matched even if full payment or some installments are paid in 2023.
Installment payment dates determine tax year eligibility.



YES, I will help complete the Dharma Center! Please double my donation through the **Matching Campaign!
Donation matching runs October 1 through December 31, 2022! Don't miss this opportunity!**

Name: _____

Email: _____ Phone: _____

Mailing address: _____
Street City ZIP

Pledge: \$ _____ Installment option: \$ _____ X _____ months

Donations (names and amounts) will be listed in the Dharma Newsletter. Check the boxes for your listing preference:

I would like to give anonymously Do not show donation amount

Mail or deliver this form with a check, payable to 'San Jose Buddhist Church Betsuin', to:

San Jose Buddhist Church Betsuin • 640 North 5th Street, San Jose, CA 95112
a 501(c)(3) non-profit organization • Tax ID: 94-1656811

For more information, visit sjbetsuin.org/dharmacenter or call 408-293-9292

All Church Maintenance Day

By: Mike Mori

On cool Saturday in late October close to 100 Betsuin members and supporters converged in front of the gym to begin our first maintenance day. People of all ages signed in and were directed to a bulletin board where dozens of work sheets were posted. Volunteers quickly grabbed their marching orders and went to work. Soon the campus was buzzing with activity. Paint was flying, trees and vines trimmed and all parts of the campus were being cleaned. Years of accumulated junk was hauled over to the dumpster for disposal. Landscapers, plumbers, electricians and general handypeople showed their skills. Within just a few hours the campus was transformed.

As noon approached our hungry crew looked forward to some nourishment. Our efficient Lunch Ladies, Phyllis and Elaine, organized a first-class buffet and burger bar. Keith Kadokura's team was manning the charcoal grill. The Nakamura Family: Bill, Jackie and Ellie had an awesome Boba tea and shave ice station. Thanks to all that brought the yummy potluck dishes and desserts. What a great way to end our first ever maintenance day.

We filled up a 40-yard dumpster with everything from old wood, broken furniture, vintage appliances and just random junk. 4th and 5th street were overflowing with garden trimmings. This is our Betsuin and it's nice to see everyone come out and take care of it.

Thanks to all the volunteers for getting dirty and working so hard. We had an excellent turnout by our member families, Scouts, Jr. YBA, Judo, BWA, Dharma School and several board members. Thanks to Our office staff, Randy, Deborah and Diane for their suggestions and ordering supplies. It was an incredibly productive day. However, there's lots more to do. If you see something that needs to be done or a skill you'd like to share, contact me at gophervalley@gmail.com.





Boy Scout Troop 611

By: Ryder Ando

During the month of October, our troop had the opportunity to participate in a hike and campout at Henry Cowell Redwood State Park. This hike was an opportunity for scouts to see amazing views and wildlife, and provide the opportunity to complete 10 miles for the Hiking Merit Badge Requirement. Along the way, our troop showed Scout Spirit by picking up trash while hiking. The hike was followed by a fun campout where scouts got to hang out, cook, and get requirements signed-off. Our troop also got to partake in many fun activities during our weekly meetings. The theme of the month was fishing, so scouts got to tie knots, and even clean and cook a fish filet.

Buddhist Women's Association

By: Barbara Sasaski

This is the last BWA Dharma article for 2022. The year has flown by. Wishing you all a safe and peaceful holiday season.

BWA gives a warm welcome to Denise Takao who recently joined the organization. We are very pleased that she has joined and look forward to seeing her at BWA events.

Social Welfare Co-Chair Karen Hironaga sent 1 card since the last Dharma. We hope the recipient is doing well.

On October 29th, Lynda Ichinaga, Activities Co-Chair organized a Bocce Ball get together for BWA members and guests. This is what Lynda said about the event:

“The BWA members go to play Bocce at Camp di Bocce in Los Gatos on Saturday, October 29th. There were 20 of us on 2 courts and we were literally having a ball!!! Most of us didn't know how to play bocce but with a quick lesson from an instructor we picked up how to play in no time. And guess who was the ringer and “says” she has never played before but almost single handedly won the game for her team??? Rev. Mikame, that's who!!! We also made time to eat snacks and then went back to playing bocce. This group was not into multi-tasking – which was probably better. No greasy bocce Balls! And no losers here, everyone went home with a goodie bag. Although some people's goodies may have been more interesting or unusual than others! After all, it was Halloween weekend!!! No tricks, just treats and a fun time!!!”

Thank you, Lynda, for coordinating the event and getting people together for a good time. See picture below.

Hope to see you all at the General Meeting and Bonenkai on Sunday, December 4th. Remember you can pay your dues for 2023 at this event!

BWA would like to acknowledge and give a sincere thank you to the following people who generously donated to the organization:

- Steve Ichinaga for his general donation to BWA.

Jr. YBA

By: Kaylee Okamoto

This month we had our monthly general meeting. We plan to have Jr. YBA happi coats for Obon and continue to plan to get ready for the Fresno CC Conference.

The Bodhi Day bake sale will be on Sunday, December 11th from 8:30am -11:30am in the San Jose Betsuin Church. Can't wait to see all the delicious baked goods!

Our spaghetti dinner fundraiser is coming up in February, pre-sales will begin on December 15th. Please scan the QR code on the flyer below or click the link: <https://2023sjybaspaghetti.eventbrite.com>



**SAN JOSE
JUNIOR YBA**



Fundraiser Spaghetti Dinner

Time and Location:
Saturday, February 4, 2023 at 4:30 pm - 6:45pm
San Jose Buddhist Church Gym
640 N. 5th Street, San Jose



Tickets: \$10 Pre-Sale using Eventbrite
Payment is due at event or can be given to a YBA member
Cash or Check (payable to San Jose Buddhist Church Betsuin
Jr.YBA)
Limited Walk-in Tickets at the Door for \$15
Dine-in or Take-out available

SPECIAL RAFFLE PRIZES DURING DINNER

Thank you for supporting Jr.YBA



purchase pre-sale by february 1st 2023
link to Eventbrite:
<https://2023sjybaspaghetti.eventbrite.com>

San Jose Betsuin Choir

By: Nancy Hikoyeda

The San Jose Betsuin Choir has been busy preparing for the January 2023 Hoonko Service. We will be singing ***Shinran Sama*** which commemorates the memory of the founder of our Jodo Shinshu Buddhist sect and ***Rain***, a song based on one of *Three Japanese Poems*. We have also been learning ***May Peace Prevail***, a Buddhist song that is very appropriate in our society today.

On October 6, 2022, the Betsuin Choir lost a former member, San Jose minister, mentor, and friend, Rev. Hiroshi Abiko. Among his many musical accomplishments, Rev Abiko was a star tenor who had a beautiful voice and contagious sense of humor. We will miss seeing Abiko-Sensei very much. We extend our sincere condolences and sympathies to Mrs. Misaye Abiko and the Abiko family.

The Betsuin Choir extends a sincere thank you to Jacque Yamaguchi for her very generous donation.

The SJ Betsuin Choir spreads the Dharma teachings through music. We need sopranos, altos, tenors, and basses and there are no auditions. Rehearsals are held weekly on Tuesday evenings, from 7-8 pm in the Betsuin Hondo. We require masks (a singer's mask will be provided) and physical distancing. Please join us!

For additional information, please contact Paul Endo (415) 730-3395 or paul@thinktwicelegal.com.

Oseibo

By: Alvin Hironaga

As the end of 2022 approaches, it is time again to consider oseibo. Oseibo are year-end gifts, which are given in Japan and also practiced at some temples here in the United States. Oseibo are gifts given to people as a demonstration of our appreciation for their help during the past year. As you reflect upon the past year, think about what is really important to you and who has assisted you along the way, and you may want to give them a gift or monetary donation. An oseibo is a direct reflection of what we consider important in our lives, as we realize that true happiness comes from dana or the selfless act of giving. You are free to show your appreciation toward our Betsuin ministers, Minister Assistants and office staff in this traditional manner by giving your gift directly to the individual as some of you have been doing for years, or by sending your check to the Betsuin Oseibo Committee along with the Oseibo letter form included in this issue. The form allows you to designate the recipient(s) of your gift and also specify whether you wish to remain anonymous. The Betsuin finance committee advises that funds distributed to employees by the Betsuin will be subject to the appropriate taxes. The Oseibo committee will acknowledge all donations to the Oseibo Fund. Additional forms will be available at the Betsuin office. Your forms and checks need to be received at the Betsuin office by **Sunday, December 11** to be included in this end-of-the-year distribution.

To: San Jose Betsuin Oseibo Committee (Please submit by December 11, 2022)

From: Name: _____

Address: _____

Telephone: _____

Subject: Oseibo Donation for Ministers, Minister Assistants, Office Staff and Others

I would like to make a donation of \$_____ to the San Jose Buddhist Church Betsuin Oseibo Fund for 2022. I understand my donation will be distributed to the Betsuin personnel as I have designated below.

Please check **one** of the following three boxes:

You may reveal my name and amount to the persons I have designated above;
OR

You may reveal my name, but not amount to the persons I have designated above;
OR

I prefer to remain anonymous, please do not reveal my name.

Please distribute my donation as follows. (check **one** of the following two boxes):

Distribute however the Oseibo Committee determines to be appropriate;
OR

I would like my donation divided among the following Betsuin employees (indicate amount to each person you want to include):

\$_____ Rinban Gerald Sakamoto

\$_____ Reverend Etsuko Mikame

\$_____ Minister Assistants (will be divided among the MAs)

\$_____ Randy Suzuki, Office Manager

\$_____ Office Staff (will be divided among office staffers)

\$_____ Weekend/Summer Office Staff (will be divided among staffers)

\$_____ Other (name): _____

\$_____ Other (name): _____

=====

Total \$_____ (sum of all amounts you designated above)

Donated by: _____

Signature

Make checks payable to: **San Jose Buddhist Church Betsuin**

(Oseibo Committee Use Only)

Amount Received: \$ _____ Check Number: _____

Date Received: _____

Added to Master Oseibo List: _____

Date Acknowledged: _____

Sangha Crafters

By: Betty Kinoshita and Tomi Imokawa

Our October gathering happened on schedule. Tomi received 60 blankets, scarves and caps different sizes. Thank you for the time and talent. Hope it was a great Thanksgiving for all!! Have a joyous December.

Next gathering Friday, Dec 2, parking lot across from Temple, 11 a.m.

Girl Scouts

By: 11th Grade Ambassador Troop 60404

On Friday, October 14th, we hosted this year's Girl Scouts Investiture and Rededication Ceremony. Our theme was Despicable Me! Our troop dressed up as the 3 sisters: Margo, Edith, and Agnes!! There were so many cute scouts and leaders dressed up as Minions! During the ceremony, we welcomed our newest members to Girl Scouting and celebrated our returning members. We had 10 new girl scouts and 3 new leaders join our scouting family.



Sock Update

By: Karen Akimoto

Sangha members, you are doing a FANTASTIC job helping us recycle socks! We have mailed 50 bags of socks (over 2000 socks) to be recycled and made into pet beds. We have also donated dozens of pairs of new socks to Georgia Travis LifeMoves, which provides interim shelter, along with food, clothing, and household necessities to help homeless families.

This project is ongoing, so please continue to donate socks and keep them out of our landfill - unmatched, holey, men's, women's, kids' -- all are accepted. If you receive socks as a holiday gift, please recycle your old socks with us -- THANKS.

New Year's Luncheon

By: New Year's Luncheon

The Betsuin holds an annual New Year Luncheon in January after the Ho Onko Service to celebrate the new year. This year the Luncheon Committee has decided to cancel this celebration because of health concerns due to the Covid infection. We wish health and happiness for everyone and come join us in celebrating our next New Year Luncheon celebration.

Qigong

By: Jeanne Nakano

Qigong's Zoom Schedule for December 2022 & January 2023

Masanori Naito's Qigong classes will continue via Zoom through December and January of next year. He was very appreciative for the opportunity to visit his family in Japan, after a 5-years-long delay.

Masa's classes are offered Mondays, Wednesdays, Fridays & Saturdays from 9:30 - 11:00 AM. His fee is \$5 per person, per class. You can pay through his PayPal link or with a check to his Union City address. Masa's classes are available to anyone who wishes to try Qigong to enjoy its benefits. PayPal payments directly to: mnaito010@yahoo.co.jp or kikoh4000@sbcglobal.net or mail to: Masanori Naito, 33721 10th Street, Union City, CA 94587

Questions about Qigong movements can be directed to Masa & he'll give his answers during class. Masa Naito, kikoh4000@sbcglobal.net. Other questions or concerns can be forwarded to Jeanne Nakano, nakanojeanne@gmail.com

Topic: Qigong Class December to January

Time: Dec 2, 2022 09:30 AM Pacific Time (US and Canada)

Every week on Mon, Wed, Fri, Sat, until Jan 30, 2023, 34 occurrence(s)

Dec 2, 2022 09:30 AM	Jan 2, 2023 09:30 AM
Dec 3, 2022 09:30 AM	Jan 4, 2023 09:30 AM
Dec 5, 2022 09:30 AM	Jan 6, 2023 09:30 AM
Dec 7, 2022 09:30 AM	Jan 7, 2023 09:30 AM
Dec 9, 2022 09:30 AM	Jan 9, 2023 09:30 AM
Dec 10, 2022 09:30 AM	Jan 11, 2023 09:30 AM
Dec 12, 2022 09:30 AM	Jan 13, 2023 09:30 AM
Dec 14, 2022 09:30 AM	Jan 14, 2023 09:30 AM
Dec 16, 2022 09:30 AM	Jan 16, 2023 09:30 AM
Dec 17, 2022 09:30 AM	Jan 18, 2023 09:30 AM
Dec 19, 2022 09:30 AM	Jan 20, 2023 09:30 AM
Dec 21, 2022 09:30 AM	Jan 21, 2023 09:30 AM
Dec 23, 2022 09:30 AM	Jan 23, 2023 09:30 AM
Dec 24, 2022 09:30 AM	Jan 25, 2023 09:30 AM
Dec 26, 2022 09:30 AM	Jan 27, 2023 09:30 AM
Dec 28, 2022 09:30 AM	Jan 28, 2023 09:30 AM
Dec 30, 2022 09:30 AM	Jan 30, 2023 09:30 AM

Please download and import the following iCalendar (.ics) files to your calendar system.
Weekly: <https://us02web.zoom.us/meeting/tZUtd--vrTlrGtO8BNTh7nRlmJFhiuMAVoM6/ics?icsToken=98tyKuGprjssHdecsRmARpwcAoigM-3ztlhcbdyxD3LNygeEbDH6O8hkOrtqPfnm>

Join Zoom Meeting

<https://us02web.zoom.us/j/81006739107?pwd=MHB2T3Z3UndldkllWDI5L0F4SFpVUT09>

Meeting ID: 810 0673 9107

Passcode: 270088

EcoSangha: Eco-Tip

By: Kay Dasu

Is Dental Floss Bad for the Environment?

Yes, traditional dental floss is bad for the environment because it is made from non-recyclable and non-biodegradable materials that contribute to harmful plastic waste in landfills and the ocean. As well as widespread environmental degradation, this causes serious health problems or death for marine life. This is also the case for the plastic containers that traditional dental floss comes in.

The good news is that there are some great, sustainable alternatives to dental floss that help you to maintain the health of your teeth *and* the planet.

1. CORN FLOSS

Made from corn starch bioplastic, candelilla wax and natural mint flavor, corn starch refillable dental floss is a great, plastic-free alternative to traditional floss. Corn dental floss is used the same way that you use traditional floss and is as effective for your teeth and gums.

2. BAMBOO FLOSS

Bamboo is a natural and renewable material — This makes it another great sustainable alternative to remove food, particles, and plaque from between your teeth. Bamboo also has natural antimicrobial properties that make it safer than traditional floss, which sometimes contains harmful microplastics and other toxic chemicals.

3. PLASTIC-FREE PICKS

Prefer a dental pick? Forget non-recyclable plastic picks and opt for a biodegradable one instead. Although these tend to still be single use, the materials will biodegrade faster, and therefore not contribute to plastic pollution.

4. WATER FLOSSERS

A water flosser is a reusable pick with a powerful jet stream that cleans between your teeth. Although not as low-waste as our other options, the reusable head and rechargeable batteries mean there is no single-use waste after each use — and it will last you much longer than traditional floss.

Pledges

Pledges received October 22nd to November 18, 2022

2022

Sumiko Okano
Asami Endo
Paul Endo
Randy and Lynne
Nakagawa
Edward and Kiyoko
Nodohara

Jane Inouye
Larry and Holly Low
Ted and Grace Tanaka
Susan Aoki and Craig
Clark
Masako Nagahara
Elaine Umeda
Todd and Laura Kamigaki

Chiyeko Soda
Thomas and Greer
Nishikawa
Reginald and Judy Ikebe
Susie Yasui
Joe and Ann Morimoto

2023

Derek and Mari Fujikawa
Lloyd and Elaine Ando
Allan and Nancy Hikoyeda
Sally Okano

Donations

Donations received October 22 to November 18, 2022

Donation

In Appreciation for the use of the Golf Tournament
Sponsor Signs
Buddhist Temple of Salinas(\$200)
Anonymous(\$29.40)
Randy Suzuki(\$60)
Steve and Linda Onishi(\$60)
Shirley Kodani(\$20)
Kevin Tokunaga(\$100)
Mary Anne Beggs(\$100)
Adult Buddhist Association(\$30)

Indigo Program visit
Rebekah Jensen(\$100)

In Memory of Yoshiko Yamashita
Family and Friends of Yoshiko Yamashita(\$500)

Funeral

In Memory of Janice Otsuji
The Otsuji Family(\$1,500)

In Memory of Midori Kotake
Karen Sato(\$20)

In Memory of Misako Yamaoka
Karen Taoka(\$50)
Kathy and Yukio Yoshikawa(\$150)

In Memory of Mineko Tanaka
The Family of Mineko Tanaka(\$500)

In Memory of Larry Kazuo Miyamoto
The Family of Larry Miyamoto(\$1,000)

Memorial Service

In Memory of Itsuro Ide
Diane Ikegami(private)

In Memory of Fumiko Higuchi
Nardine Brandon(\$25)

In Memory of Tamako Kubota
Mary Wakatsuki and Kubota Family(\$150)

In Memory of Larry Iwasaka
Iwasaka Family (\$300)

In Memory of Leonard Tanaka
Akiko Tanaka and Family(\$200)
Ann Tanaka(\$50)
Alice & Norman Tanaka(\$100)

In Memory of Derrick Ando
Rick Ando(\$200)
Hisako Ando(\$100)

In Memory of Benjamin Shinseki
Tokiko Shinseki & Family(\$100)

In Memory of Benjamin Shinseki
Tokiko Shinseki & Family(\$10,000)

Memorial

In Memory of Rev. Hiroshi Abiko
Glenn and Caroline Kurimoto(\$40)
Vic and Frances Itow(\$30)
Bob and Sally Idemoto(\$50)
Emie Yamate(\$100)
Emi Tsutsumi(\$50)

In Memory of Lucy Matsumoto
Bud and Jody Mine(\$50)
Steve, Yooko, Brett and Bryce Itatani(\$30)

In Memory of Earl Santo
Bud and Jody Mine(\$50)
Steve, Yooko, Brett and Bryce Itatani(\$30)

In Memory of Janice Hirashima
Nardine Brandon(\$50)

In Memory of Polly Sakamoto
Craig Sakamoto(\$100)

In Memory of Thomas Takayama
Megumi Kitagawa(\$100)

In Memory of Natsuye June Takata
May Takata(\$100)

*In Memory of Nob Ikemoto, Min Ikeda, George
Hanada and Irene Uchiyama*
Amy Dobashi(\$100)

In Memory of Steve Kato
James Kono(\$50)

Special Services

Eitaiikyo
Shiz Hanada(\$30)
11/6/22 - Eitaiikyo Service(\$72)

Disaster Relief

10/23/22 - Sunday Osaisen(\$63)
10/30/22 - Sunday Osaisen(\$124)
11/13/22 - Sunday Osaisen(\$113)

Keiro Kai

Phyllis Sugimoto(private)
Robin Hoffman(\$20)
Eiko Yamaichi(\$100)
Ann Tanaka(\$50)
Emi Tsutsumi(\$50)
Linda Iwasaki(\$25)
Norris & Teri Hirota(\$100)

Nokotsudo Eitaiikyo

In Memory of Benjamin Shinseki
Tokiko Shinseki & Family(\$200)

Scholarships

2023 Shizue and Sadao Sakai Scholarship
Jim and Sue Sakai-McClure(\$500)



BWA Fundraiser 2023



Minato Restaurant, Jan. 10, 11, & 12, 2023

Take time off from cooking and join us!!!

Lunch (11:15 – 1:15), Dinner (5:00 – 8:00) Take-out is preferred.

Please phone ahead (even a week in advance) or email, minatorestaurant@gmail.com, please make sure that your email request gets an email reply back that your order has been received.



MINATO
JAPANESE RESTAURANT

617 N. Sixth Street, San Jose, CA 95112 408-998-9711

minatojapaneserestaurant.com (for posted menu options)

Thank you very much to Minato Restaurant for giving a portion of their profits to BWA!!!



Just let the Minato Staff know that you want to support the Buddhist Women's Assoc. (BWA) and enjoy your delicious meal!!!

Domo Arigato!!! Itadakimasu!!!

San Jose Buddhist Church Betsuin



Please Attend

Virtual Annual Membership Meeting

Sunday December 11, 2022

3:00 pm

Please visit <http://www.sjbetsuin.org/annualmeeting/> for the Zoom link to attend virtually.

Agenda

Service

Approval of the 2021 Annual Membership Meeting Minutes

2022 Summary and Annual Report

Election of Board Directors

Presentation

Dharma Center

Information and Updates



TEMPLE
YOGA CLASS
@SAN JOSE BETSUIN

-Stretch your heart and body out
With Yoga plus Buddhist essence-

- *Hybrid class of In-person and online
- *For Beginners and all ages(50min. class)
- *Guiding in 日本語Japanese and English
- *Short Buddhist service and talk (in the temple, only for in-person)
- *Free of charge

1st Mondays

11:00 AM

Chair yoga with Etsuko

3rd Mondays

11:00 AM

Yoga Basic with Izumi

If you would like to join us, please access to the QR code and register your information, and we will send you more information and a Zoom ID for those who want to join online class.

ご希望の方はQRコードよりご登録ください。クラスの詳細とZoomIDをお送りします。



Temple Yoga Class schedule

(November)

Monday, the 7th, 11:00am Chair yoga

Monday, the 21st, 11:00am Yoga Basic

(December)

Only Online class, Monday, 5th, 11:00am Chair Yoga

Only Online class, Monday, 19th, 11:00am Yoga Basic

(January)

No class, Monday, 2nd

No Class, Monday, 16th, Martin Luther King Jr. Day

(February)

Monday, 6th, 11:00am, Chair Yoga

No Class, Monday, 20th, Presidents' Day

(March)

Monday, 7th, 11:00am Chair Yoga

Monday, 20th, 11:00am Yoga Basic

(April)

Monday, 3rd, 11:00am, Chair Yoga

Monday, 17th, 11:00am, Yoga Basic

Upcoming Services:

November 27, 2022 – Family Service

December 11, 2022 – Bodhi Day Service

December 31, 2022 – Joya E Service

Funeral and Memorial Service

If you need to schedule a service please call the temple office at (408) 293-9292. Masks will be required for all services.

Nokotsudo Hours

Monday thru Friday 9:00am to 4:30pm
Saturday and Sunday: 9:00am to 4:00pm

*Japanese Telephone Dharma
Message*

The San Jose Buddhist Church Betsuin is now offering a Japanese Dharma Message using your telephone. To listen to the message, you will need to call (408) 293-9292.

If you call between the hours of 8:30am to 5:00pm the Betsuin office staff will have to transfer you to the extension to listen to the Dharma Message.

If you call after 5:00pm, follow the message prompts and select the appropriate number to get you to the Japanese Dharma message.

2022 Memorial Service Schedule

Please schedule a service if your loved ones passed away in the following years:

<u>Year</u>	<u>Service</u>
2021	1 st Year
2020	3 rd annual
2016	7 th annual
2010	13 th annual
2006	17 th annual
1998	25 th annual
1990	33 rd annual
1973	50 th annual
1923	100 th annual

San Jose Buddhist Church Betsuin

640 North 5th Street

San Jose, CA 95112

Phone: (408) 293-9292

Fax: (408) 293-0433

Email: sjbc@sjbetsuin.org

Website: www.sjbetsuin.org

Office Hours:

Monday thru Thursday: 8:30am to 5:00pm

Friday: 8:30am to 6:00pm

Saturday and Sunday: 8:30am to 4:30pm